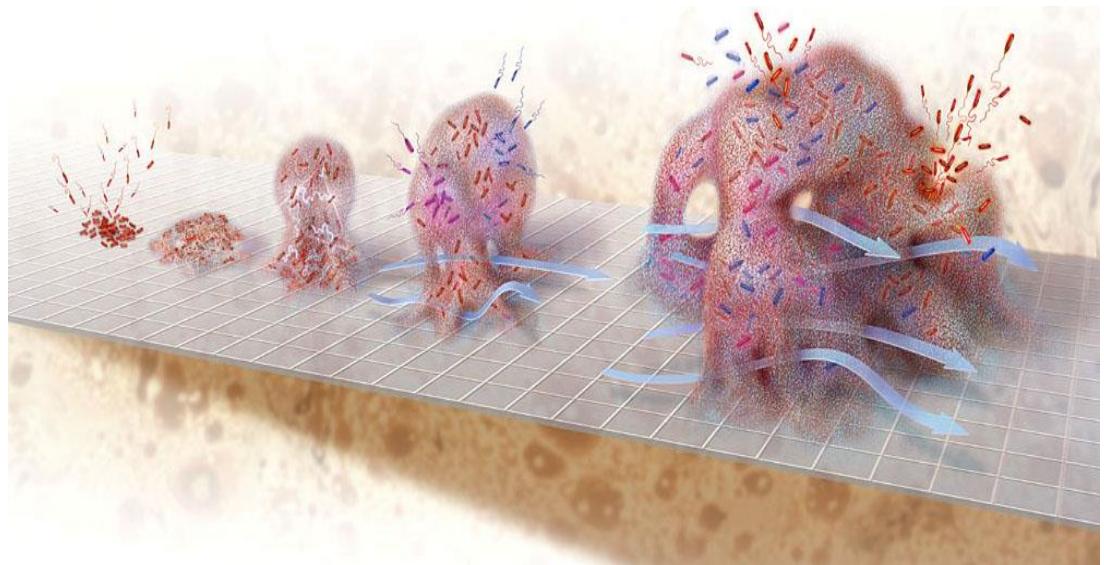
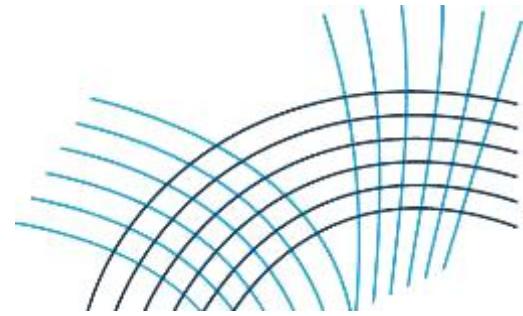


# Infections of the locomotor system - modern concepts in diagnosis and treatment



Andrej Trampuz  
Charité – University Hospital Berlin  
Germany

# Infektions of the locomotor system



## Periprosthetic joint infections

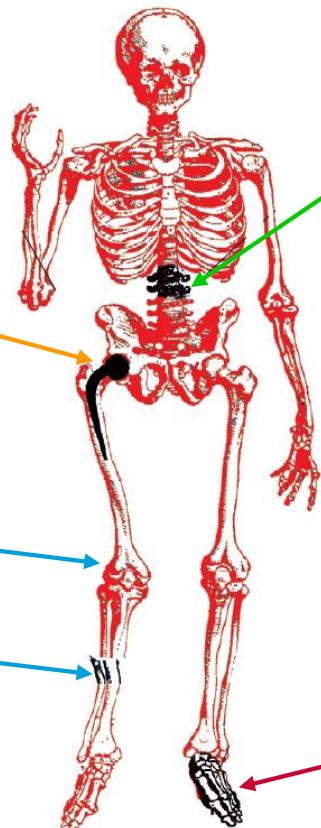
- CNS, *S. aureus*
- *Streptococcus* spp.
- *Enterococcus* spp.
- *Propionibacterium acnes*

## Septic arthritis

- *S. aureus*
- *Streptococci*
- *Enterococci*

## Posttraumatic osteomyelitis

- *S. aureus*
- Polymicrobial
- Gramnegative bacilli



## Spondylodiscitis

- *S. aureus*
- Gramnegative bacilli
- *Streptococcus* spp,
- *Mycobacterium tuberculosis*

## Diabetic foot infection

- *S. aureus*
- *Streptococcus* spp.
- *Enterococcus* spp.
- Gramnegative bacilli
- Anaerobes

**Staphylococcus aureus is the most common pathogen**

# BIONIC WOMAN

© NBC

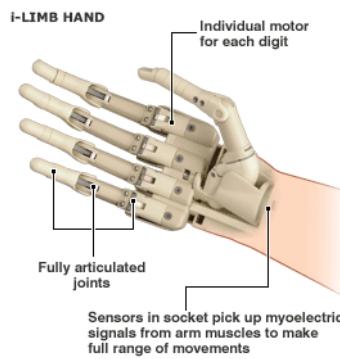
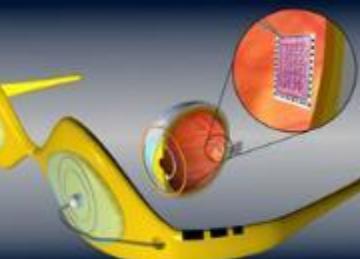
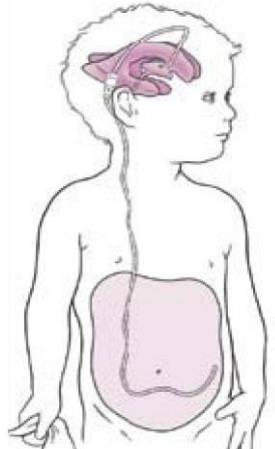


**Science fiction: implant  
function better than native**

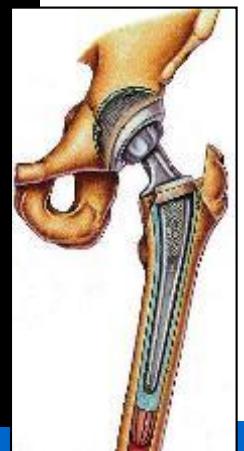
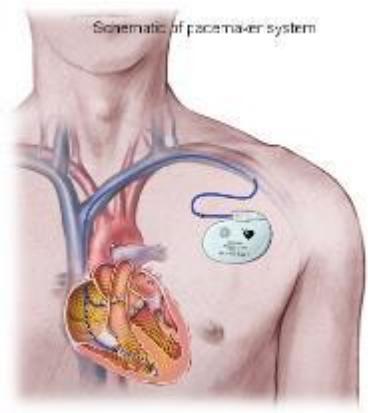


# Implants improved life quality



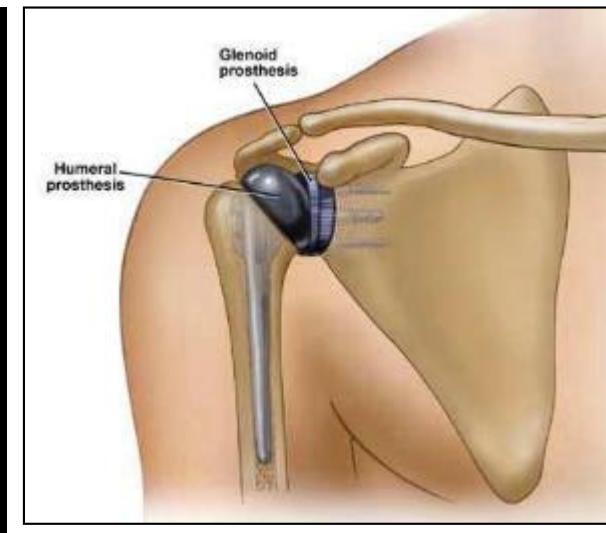
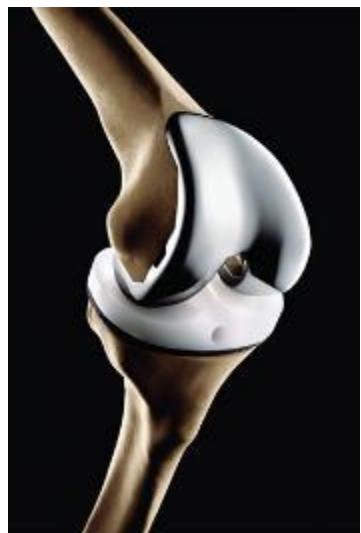
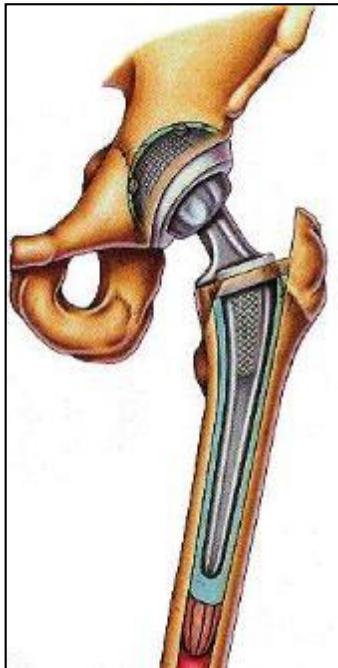


SOURCE: Touch Bionics



# Joint replacement

- One of the most successful intervention in medicine
- Improved quality of life in the increasingly elderly population



# Epidemiology of implanted devices

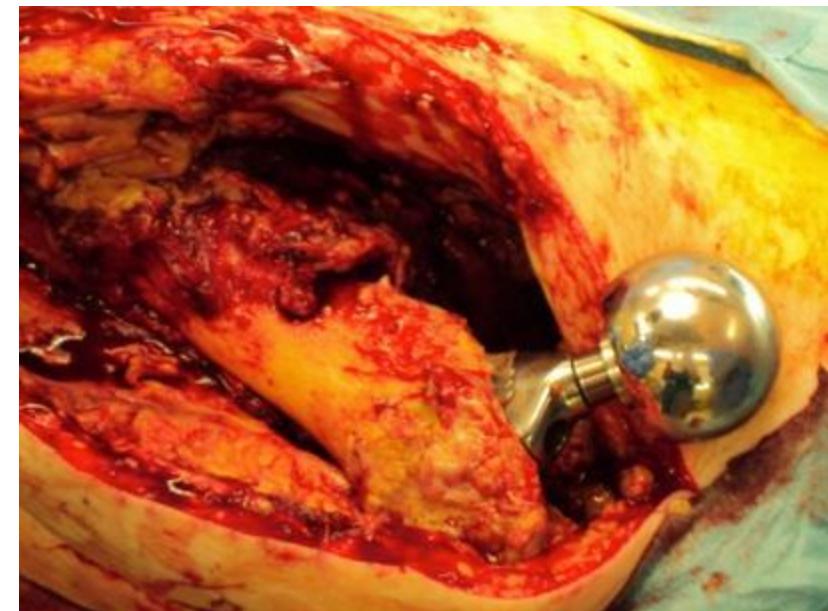
| Device type               | No. of devices implanted per year (2017) in Millions |             |              | Rate of revision | Rate of infection |
|---------------------------|--|-------------|--------------|------------------|-------------------|
|                           | Germany  | Europe      | World        | Mean             | Range             |
| Fracture fixation devices | 0.71   | 3.5         | 7.9          | 10%              | 5-10%             |
| <b>Joint prostheses</b>   | <b>0.47</b>  | <b>2.5</b>  | <b>5.7</b>   | <b>20%</b>       | <b>5-10%</b>      |
| Spinal implants           | 0.24   | 1.8         | 3.0          | 38%              | 5-10%             |
| Vascular grafts           | 0.50   | 3.5         | 15.9         | 25%              | 5-10%             |
| Heart pacemakers          | 0.80   | 8.0         | 28.7         | 15%              | 5-15%             |
| Mechanical heart valves   | 0.35   | 2.8         | 8.7          | 10%              | 1-8%              |
| Heart assist devices      | 0.12   | 0.9         | 4.1          | 65%              | 30-40%            |
| Dental implants           | 1.0  | 5.5         | 25.2         | 10%              | 5-10%             |
| Breast implants           | 0.3  | 2.9         | 18.2         | 20%              | 5-10%             |
| <b>TOTAL</b>              | <b>4.49</b>  | <b>31.4</b> | <b>117.4</b> | <b>Ca. 25%</b>   | <b>Ca. 5-10%</b>  |

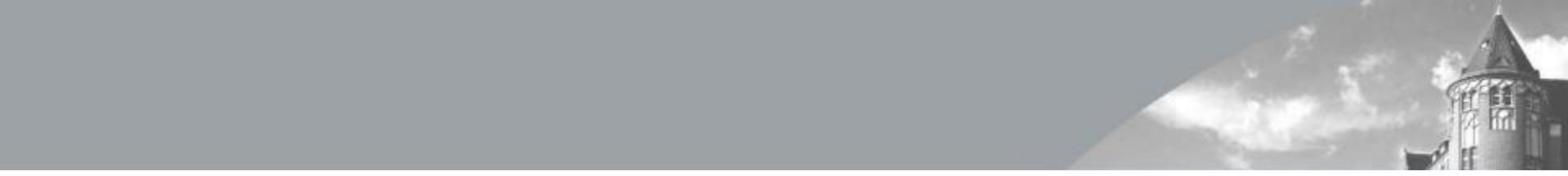
Darouiche RO. *Clin Infect Dis* 2018

[www.transparencymarketresearch.com](http://www.transparencymarketresearch.com)

# What should we do?

- Always aggressive tumor-like surgery?
- Mutilating surgery for the patient?
- Amputation?





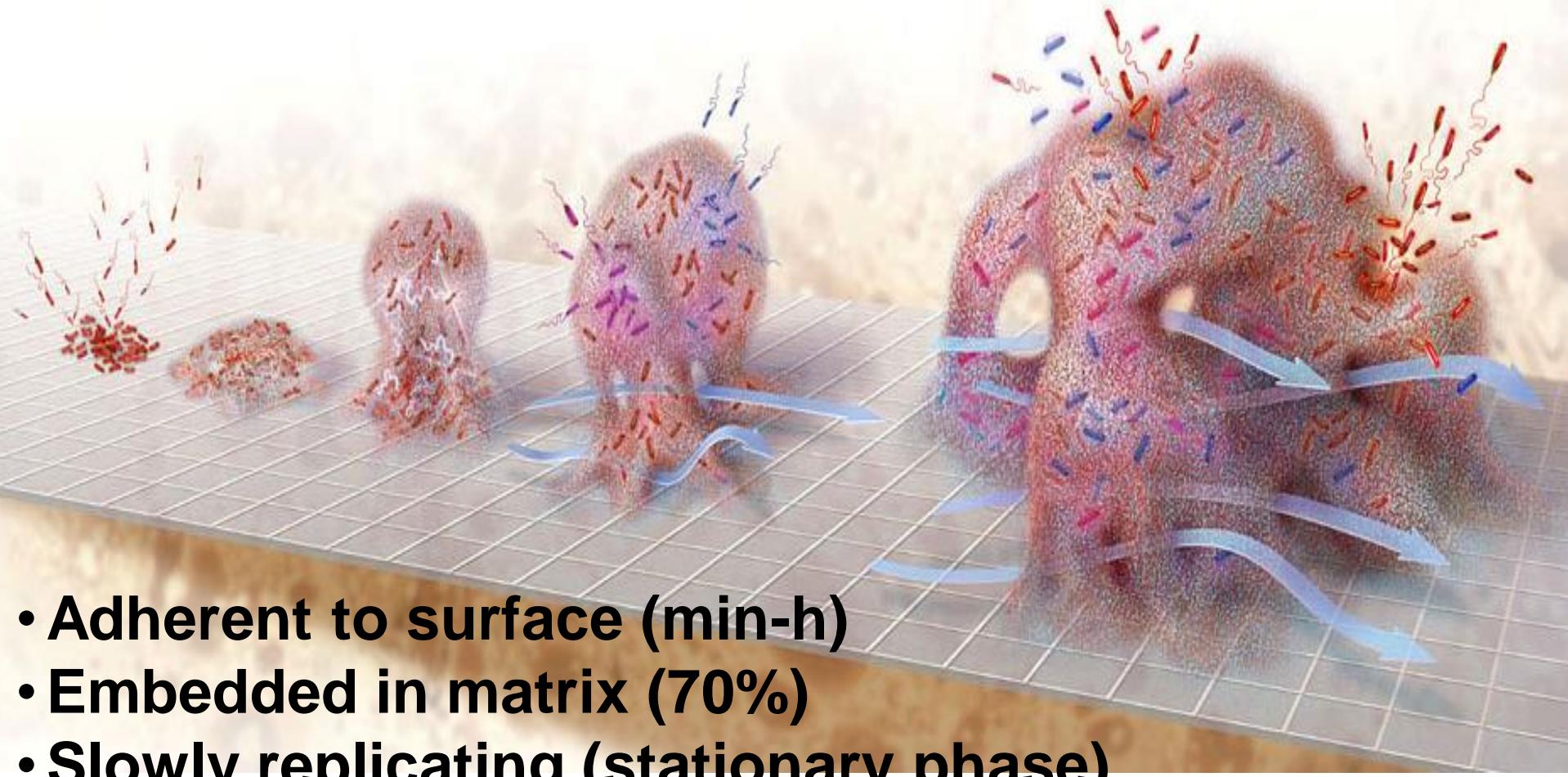
# Biofilm and implants: difficult to treat?

# Planktonic bacteria & granulocytes

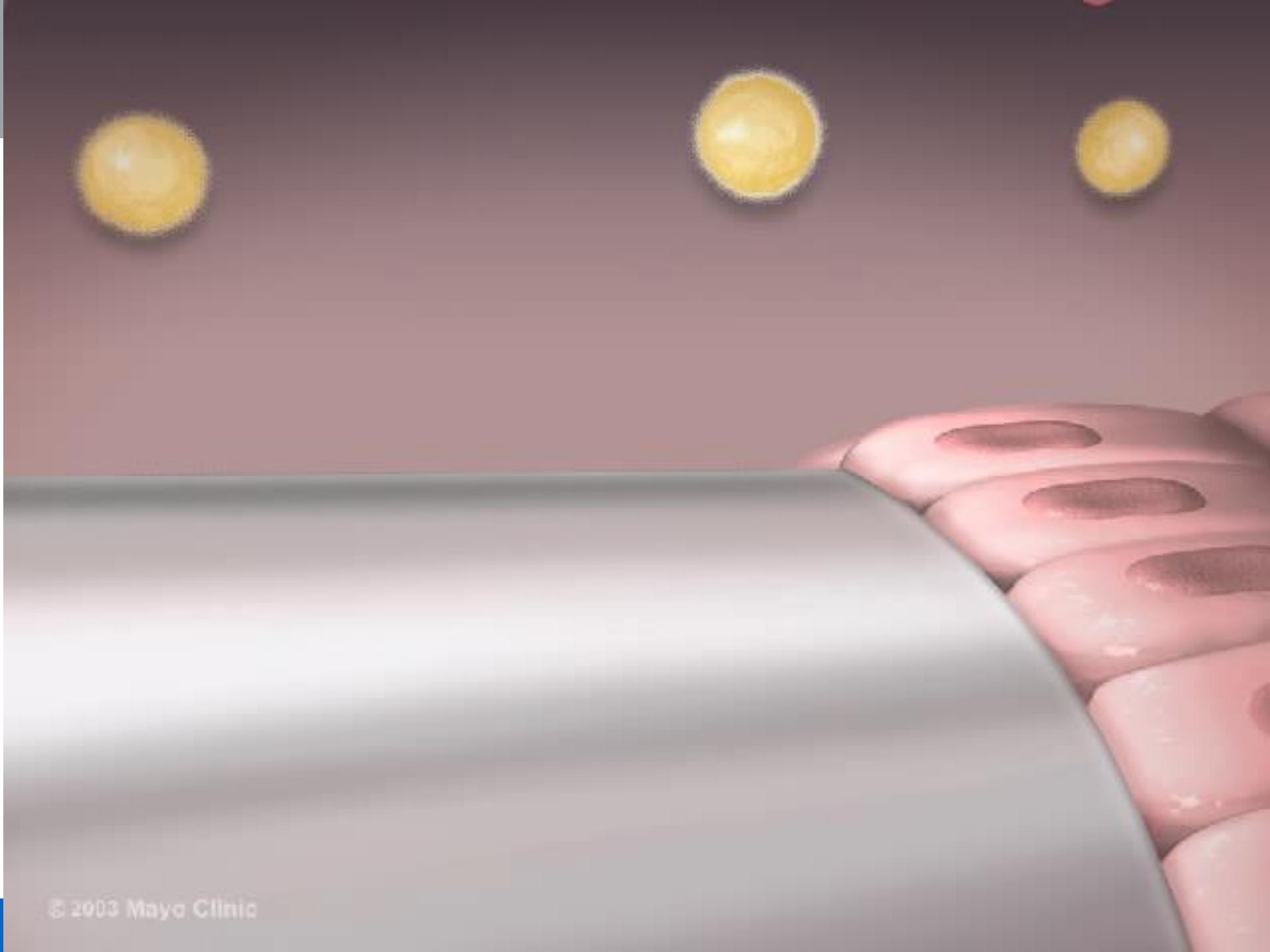


# Biofilm

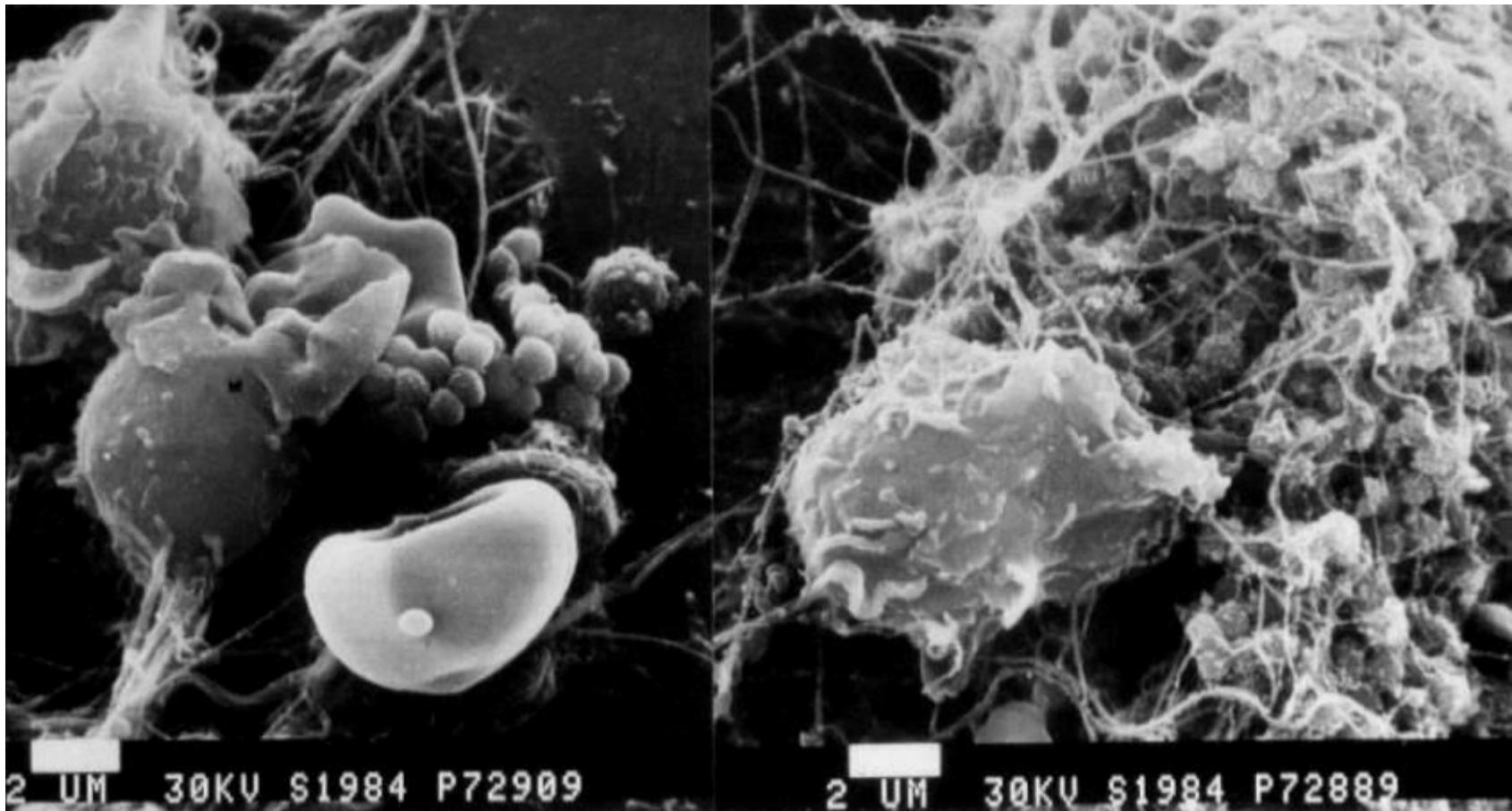
1 min    3 h    12 h    1 day —————→ 3 days



- Adherent to surface (min-h)
- Embedded in matrix (70%)
- Slowly replicating (stationary phase)



# Experimental foreign-body infection (*S. aureus*)



3 h after inoculation

24 h after inoculation

⇒ Rapid adherence, no elimination by granulocytes.

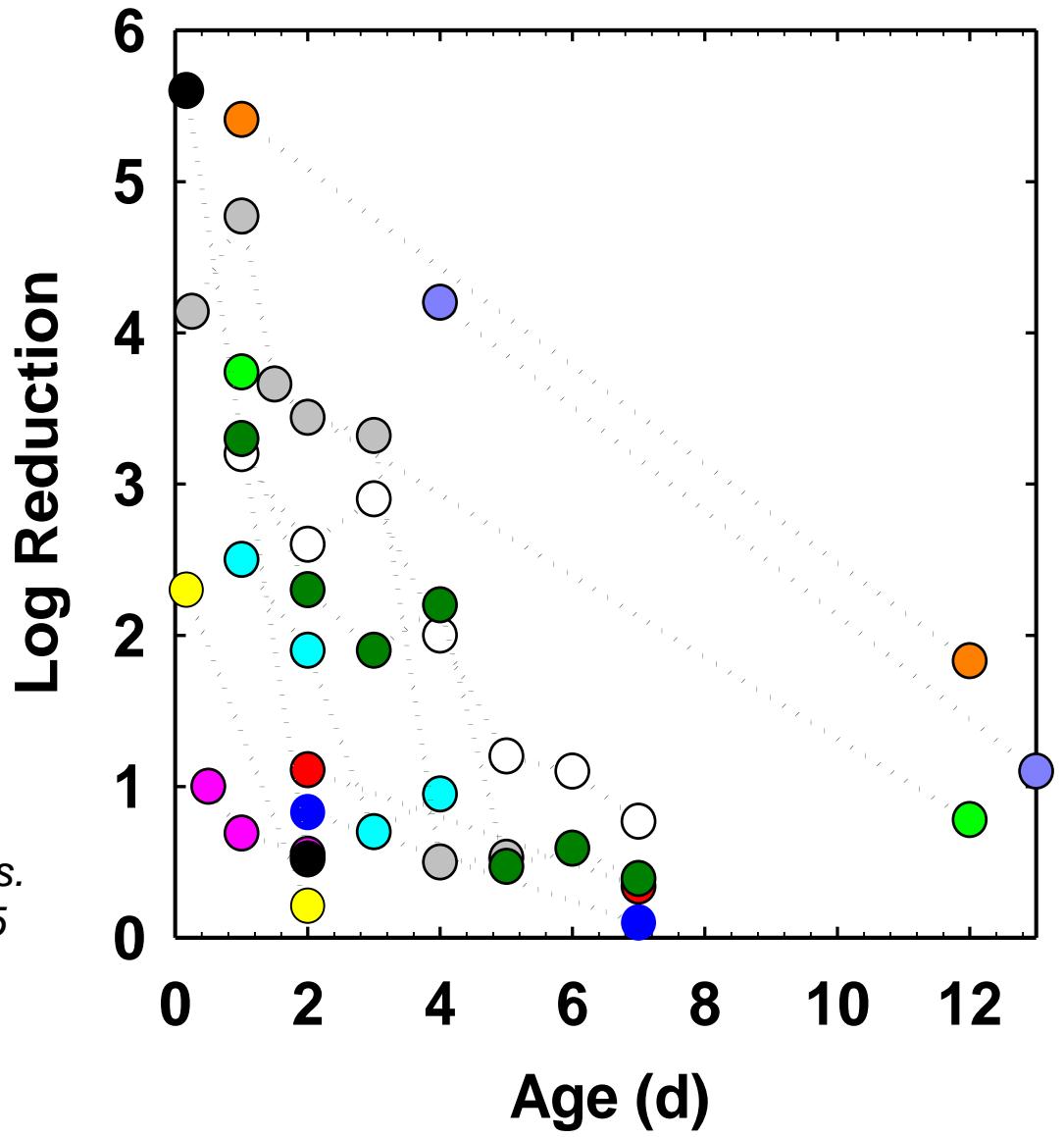
# The „fatal“ attraction

- **Foreign body** = avascular tissue (local immune defect): frustrated phagocytosis
- **Low number** of bacteria ( $\approx 200$ ) sufficient to cause biofilm on implant
- **Mature biofilm** ( $>3$  weeks) impossible to eradicate without implant removal

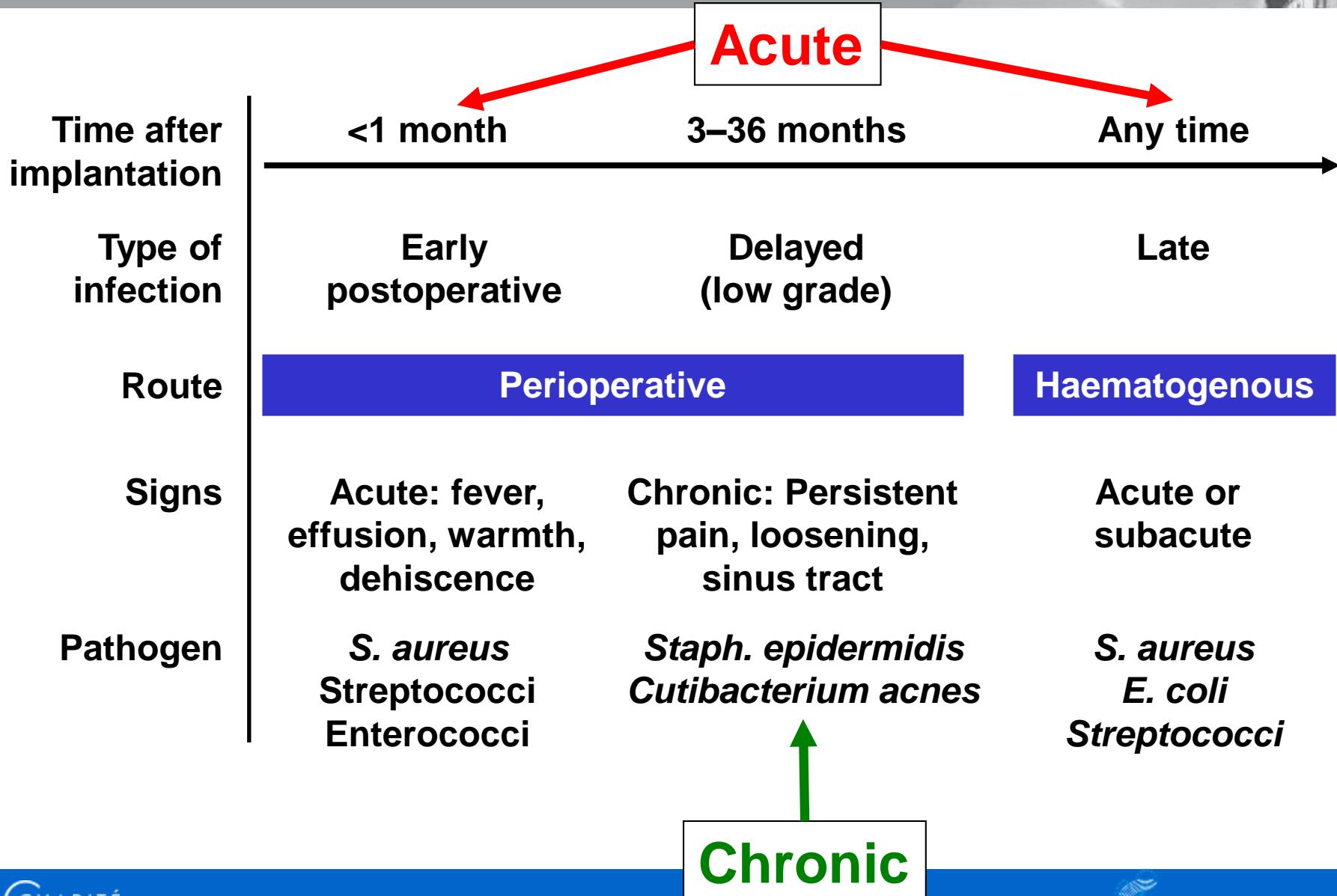
# Killing depends on age of the biofilm (in vitro)

The older the  
biofilm, the  
lower the  
bacterial killing

Antimicrobial tolerance in biofilms.  
In: *Microbiol Spectr* 3: June 2015



# Classification: early – delayed – late



# Key to success: Interdisciplinary concept

Microbiologist



Pathogen  
diagnostics

Infectious diseases  
specialist



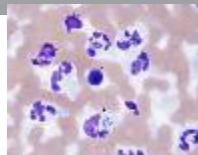
Antibiotics

Surgery

Ortho/trauma &  
Plastic surgeons



# Key to success No. 2: Target the biofilm



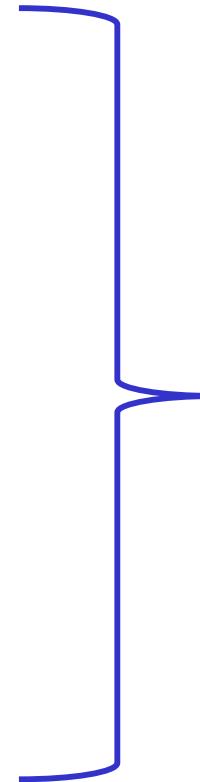
Diagnosis



Antibiotics



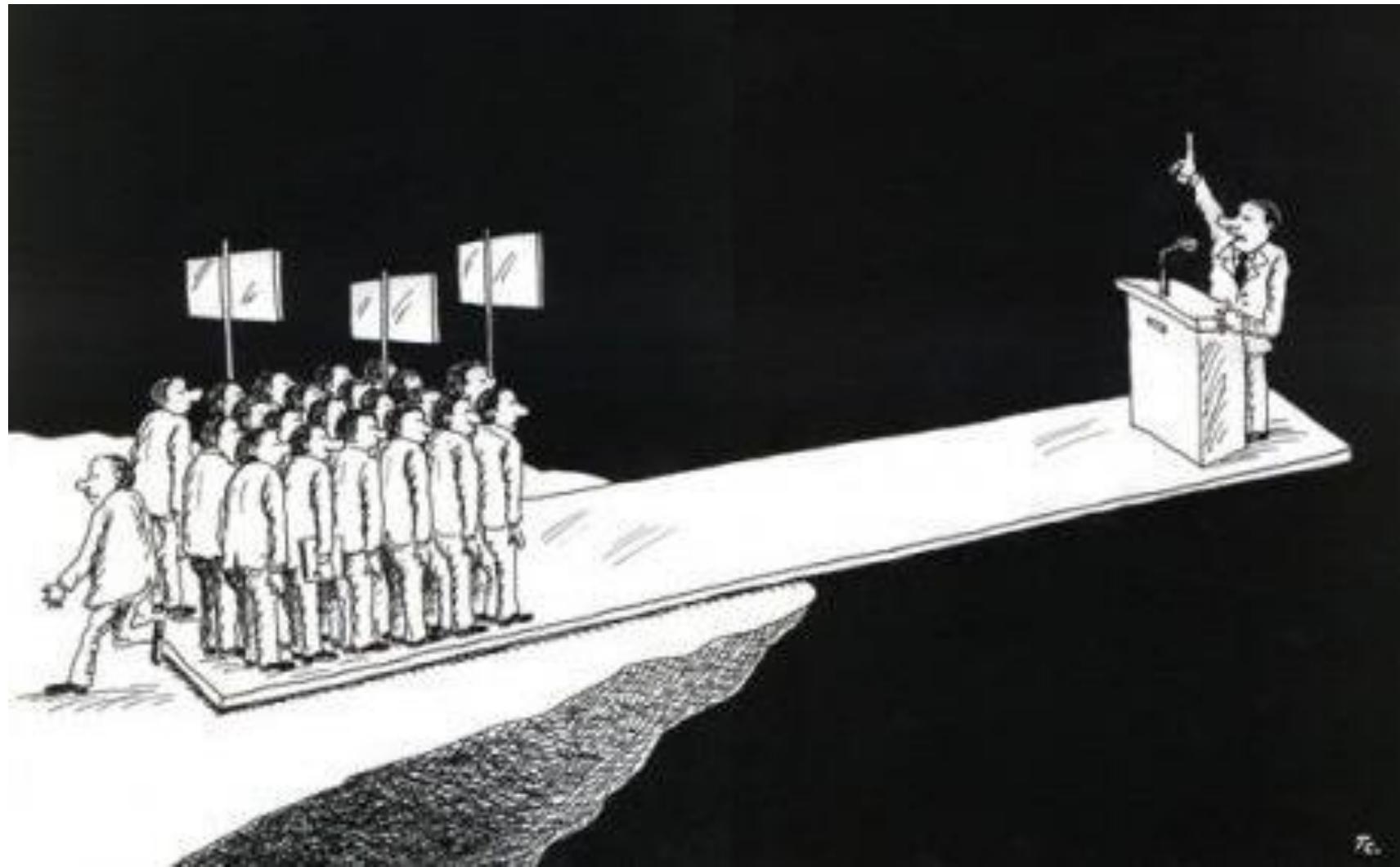
Surgery



Directed against  
biofilms

Cure rate > 90%

# Modern concepts



**Ortho/trauma surgeons**

**Researchers**

**ID/microbiology**

**Septic  
surgery  
unit**



## ■ INSTRUCTIONAL REVIEW

# A standardized interdisciplinary algorithm for the treatment of prosthetic joint infections

### OUTCOME IN A CENTRALIZED AND SPECIALIZED DEPARTMENT

D. Karczewski,  
T. Winkler,  
N. Renz,  
A. Trampuz,  
E. Lieb,  
C. Perka,  
M. Müller

From Charité –  
Universitätsmedizin  
Berlin, Berlin,  
Germany

#### Aims

In 2013, we introduced a specialized, centralized, and interdisciplinary team in our institution that applied a standardized diagnostic and treatment algorithm for the management of prosthetic joint infections (PJIs). The hypothesis for this study was that the outcome of treatment would be improved using this approach.

#### Patients and Methods

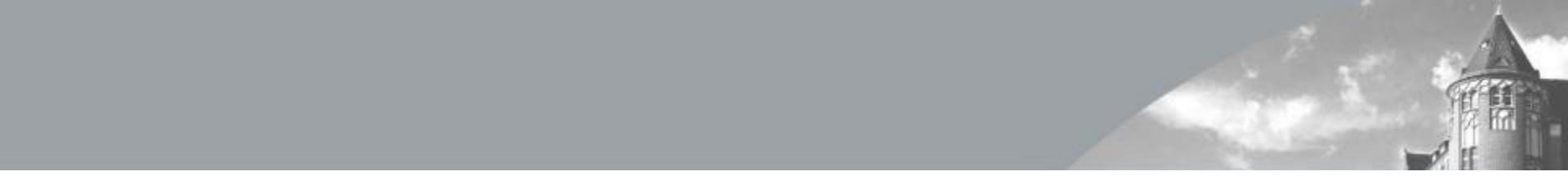
In a retrospective analysis with a standard postoperative follow-up, 95 patients with a PJI of the hip and knee who were treated with a two-stage exchange between 2013 and 2017 formed the study group. A historical cohort of 86 patients treated between 2009 and 2011 not according to the standardized protocol served as a control group. The success of treatment was defined according to the Delphi criteria in a two-year follow-up.

#### Results

Patients in the study group had a significantly higher Charlson Comorbidity Index (3.9 vs 3.1;  $p = 0.009$ ) and rate of previous revisions for infection (52.6% vs 36%;  $p = 0.025$ ), and tended to be older (69.0 vs 66.2 years;  $p = 0.075$ ) with a broader polymicrobial spectrum (47.3% vs 33.7%;  $p = 0.062$ ). The rate of recurrent infection (3.1% vs 10.4%;  $p = 0.048$ ) and the mean time interval between the two stages of the procedure (66.6 vs 80.7 days;  $p < 0.001$ ) were reduced significantly in the study group compared with the control group

# Teamwork of experts





# Is it an infection?

MOP, MOM,  
COC bearing  
couples

Wear  
particles

Infection

Osteolysis

Hypersensitivity,  
mutagenicity?

Metal ion  
release

Excessive  
micromotion

Bone to implant  
toughness mismatch

Excessive  
rigidity

Unnatural force transfer

Acute or fatigue implant  
fracture, oxidative  
degradation, corrosion

Production errors,  
improper materials or  
design

Aggressive  
activity - sports

Artifical joint  
material failure

Acute mechanical overload  
Chronic mechanical overload

Bone to implant  
interface failure

Effective joint  
space fluid  
pressure

Poor surgical  
technique

Implant positioning,  
poor approach

complication  
rate

Stress shielding,  
weak bone

Preoperative  
diagnosis

poor  
education,  
low  
surgical  
volume

## ARTIFICIAL JOINT FAILURE:

loosening, dislocation, neurovascular  
deficits, tendon lesions, limb lenght  
discrepancy, poor range of motion,  
pain, sounds

Sistemic  
alterations

# About 20% of prosthesis fail: Infection or aseptic reason?



# preoperative

# Diagnosis

# **intraoperative**



## History & clinical presentation

| Category    | Sub-Category      | Product                   | Unit | Quantity | Unit Price | Total Value | Status |
|-------------|-------------------|---------------------------|------|----------|------------|-------------|--------|
| Electronics | Smartphones       | iPhone 12 Pro             | unit | 10       | 999        | 9,990       | Active |
| Electronics | Smartphones       | Samsung Galaxy S21        | unit | 20       | 799        | 15,980      | Active |
| Electronics | Smartphones       | Google Pixel 5            | unit | 5        | 699        | 3,495       | Active |
| Electronics | Laptops           | Dell XPS 15               | unit | 8        | 1,299      | 10,392      | Active |
| Electronics | Laptops           | HP Pavilion 17            | unit | 12       | 999        | 11,988      | Active |
| Electronics | Laptops           | Lenovo ThinkPad T14       | unit | 5        | 1,199      | 5,995       | Active |
| Electronics | Tablets           | Apple iPad Pro            | unit | 3        | 1,499      | 4,497       | Active |
| Electronics | Tablets           | Microsoft Surface Go 3    | unit | 2        | 999        | 1,998       | Active |
| Electronics | Tablets           | Samsung Galaxy Tab S7     | unit | 1        | 1,299      | 1,299       | Active |
| Electronics | Peripherals       | Logitech G903             | unit | 10       | 199        | 1,990       | Active |
| Electronics | Peripherals       | Razer DeathAdder V2       | unit | 5        | 149        | 745         | Active |
| Electronics | Peripherals       | SteelSeries Rival 650     | unit | 8        | 129        | 1,032       | Active |
| Electronics | Peripherals       | SteelSeries QcK Prism     | unit | 3        | 199        | 597         | Active |
| Electronics | Peripherals       | SteelSeries Arctis 7      | unit | 2        | 249        | 498         | Active |
| Electronics | Peripherals       | SteelSeries Arctis 3      | unit | 1        | 149        | 149         | Active |
| Software    | Operating Systems | Windows 11 Pro            | unit | 15       | 1,299      | 19,485      | Active |
| Software    | Office Suite      | Microsoft Office 365      | unit | 10       | 1,199      | 11,990      | Active |
| Software    | Productivity      | Google Workspace          | unit | 5        | 999        | 4,995       | Active |
| Software    | Productivity      | Microsoft Project         | unit | 3        | 1,499      | 4,497       | Active |
| Software    | Development       | Visual Studio Code        | unit | 20       | 0          | 0           | Active |
| Software    | Development       | Adobe Photoshop           | unit | 10       | 1,299      | 12,990      | Active |
| Software    | Development       | Microsoft Visual Studio   | unit | 5        | 1,499      | 7,495       | Active |
| Software    | Development       | Unity Engine              | unit | 3        | 1,499      | 4,497       | Active |
| Software    | Development       | Blender                   | unit | 2        | 0          | 0           | Active |
| Software    | Development       | AutoCAD                   | unit | 1        | 1,499      | 1,499       | Active |
| Software    | Design Tools      | SketchUp                  | unit | 10       | 0          | 0           | Active |
| Software    | Design Tools      | Blender                   | unit | 5        | 0          | 0           | Active |
| Software    | Design Tools      | AutoCAD                   | unit | 3        | 0          | 0           | Active |
| Software    | Design Tools      | Vectorworks               | unit | 2        | 0          | 0           | Active |
| Software    | Design Tools      | 3ds Max                   | unit | 1        | 0          | 0           | Active |
| Software    | Cloud Services    | Amazon AWS Lambda         | unit | 15       | 0          | 0           | Active |
| Software    | Cloud Services    | Microsoft Azure Functions | unit | 10       | 0          | 0           | Active |
| Software    | Cloud Services    | Google Cloud Functions    | unit | 5        | 0          | 0           | Active |
| Software    | Cloud Services    | IBM Watson                | unit | 3        | 0          | 0           | Active |
| Software    | Cloud Services    | Oracle Database           | unit | 2        | 0          | 0           | Active |
| Software    | Cloud Services    | Red Hat OpenShift         | unit | 1        | 0          | 0           | Active |
| Hardware    | Computers         | Dell XPS 13               | unit | 10       | 1,299      | 12,990      | Active |
| Hardware    | Computers         | HP Pavilion 15            | unit | 8        | 999        | 8,992       | Active |
| Hardware    | Computers         | Lenovo ThinkPad T14       | unit | 5        | 1,199      | 5,995       | Active |
| Hardware    | Monitors          | Acer Predator XB273K      | unit | 12       | 299        | 3,588       | Active |
| Hardware    | Monitors          | ASUS ROG Strix XG27AQL    | unit | 8        | 299        | 2,392       | Active |
| Hardware    | Monitors          | BenQ EX2710Q              | unit | 5        | 299        | 1,495       | Active |
| Hardware    | Monitors          | Philips 272E1G            | unit | 3        | 299        | 897         | Active |
| Hardware    | Monitors          | MSI Optix MAG27C          | unit | 2        | 299        | 598         | Active |
| Hardware    | Monitors          | MSI Optix MAG24C          | unit | 1        | 299        | 299         | Active |
| Hardware    | Keyboards         | Razer Huntsman            | unit | 10       | 199        | 1,990       | Active |
| Hardware    | Keyboards         | SteelSeries Apex 7        | unit | 8        | 199        | 1,592       | Active |
| Hardware    | Keyboards         | Logitech G913             | unit | 5        | 199        | 995         | Active |
| Hardware    | Keyboards         | SteelSeries Apex 3        | unit | 3        | 199        | 597         | Active |
| Hardware    | Keyboards         | SteelSeries Apex 2        | unit | 2        | 199        | 398         | Active |
| Hardware    | Keyboards         | SteelSeries Apex 1        | unit | 1        | 199        | 199         | Active |
| Hardware    | Mice              | Razer DeathAdder V2       | unit | 10       | 149        | 1,490       | Active |
| Hardware    | Mice              | SteelSeries Rival 650     | unit | 8        | 149        | 1,192       | Active |
| Hardware    | Mice              | SteelSeries QcK Prism     | unit | 5        | 149        | 745         | Active |
| Hardware    | Mice              | SteelSeries Arctis 7      | unit | 3        | 149        | 447         | Active |
| Hardware    | Mice              | SteelSeries Arctis 3      | unit | 2        | 149        | 298         | Active |
| Hardware    | Mice              | SteelSeries Arctis 1      | unit | 1        | 149        | 149         | Active |



# laboratory



# imaging



## joint puncture



cytology microbiology histopathology



## Intraoperative sampling

A photograph showing three surgeons in blue scrubs and green caps performing surgery on a patient's arm. The surgeon on the right is making a peace sign. In the bottom left corner, there is a small inset image showing a close-up of a pinkish-red tissue sample.

microbiology histopathology



## sonication

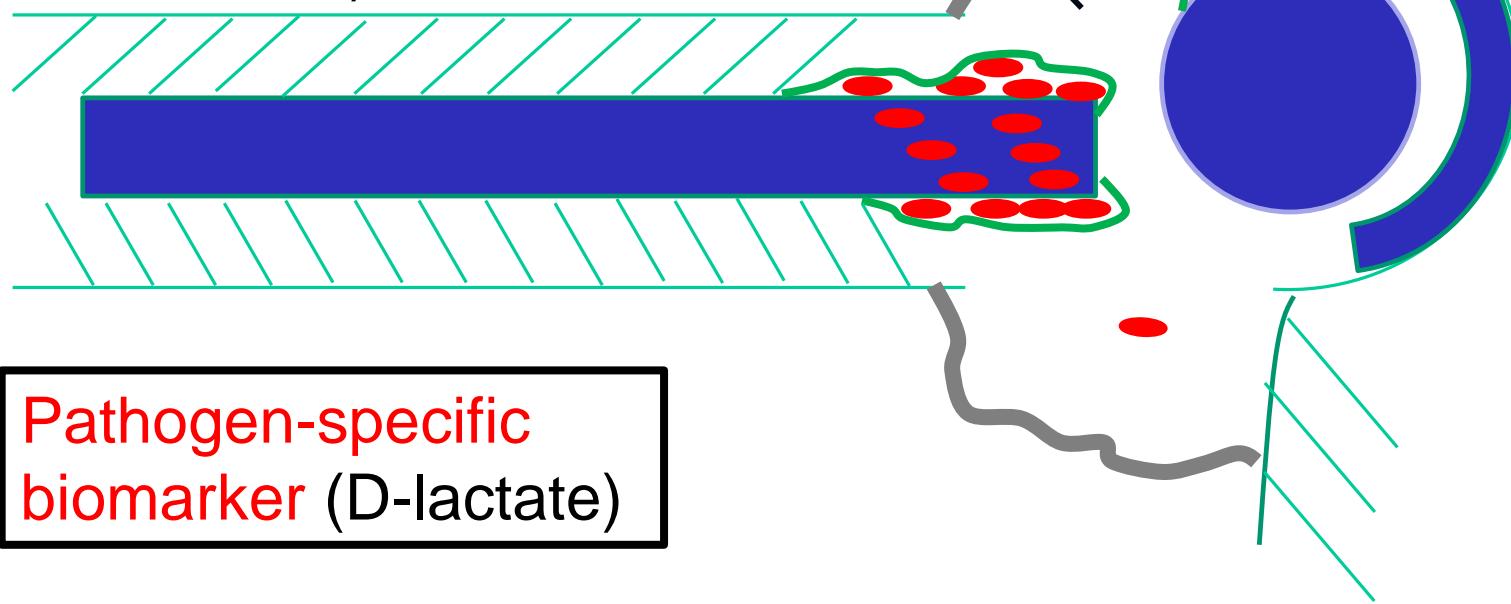
# Joint aspiration

Microbiology (culture,  
molecular tests)

Inflammation  
(leukocyte count,  
histopathology,  
biomarkers)

Blood tests

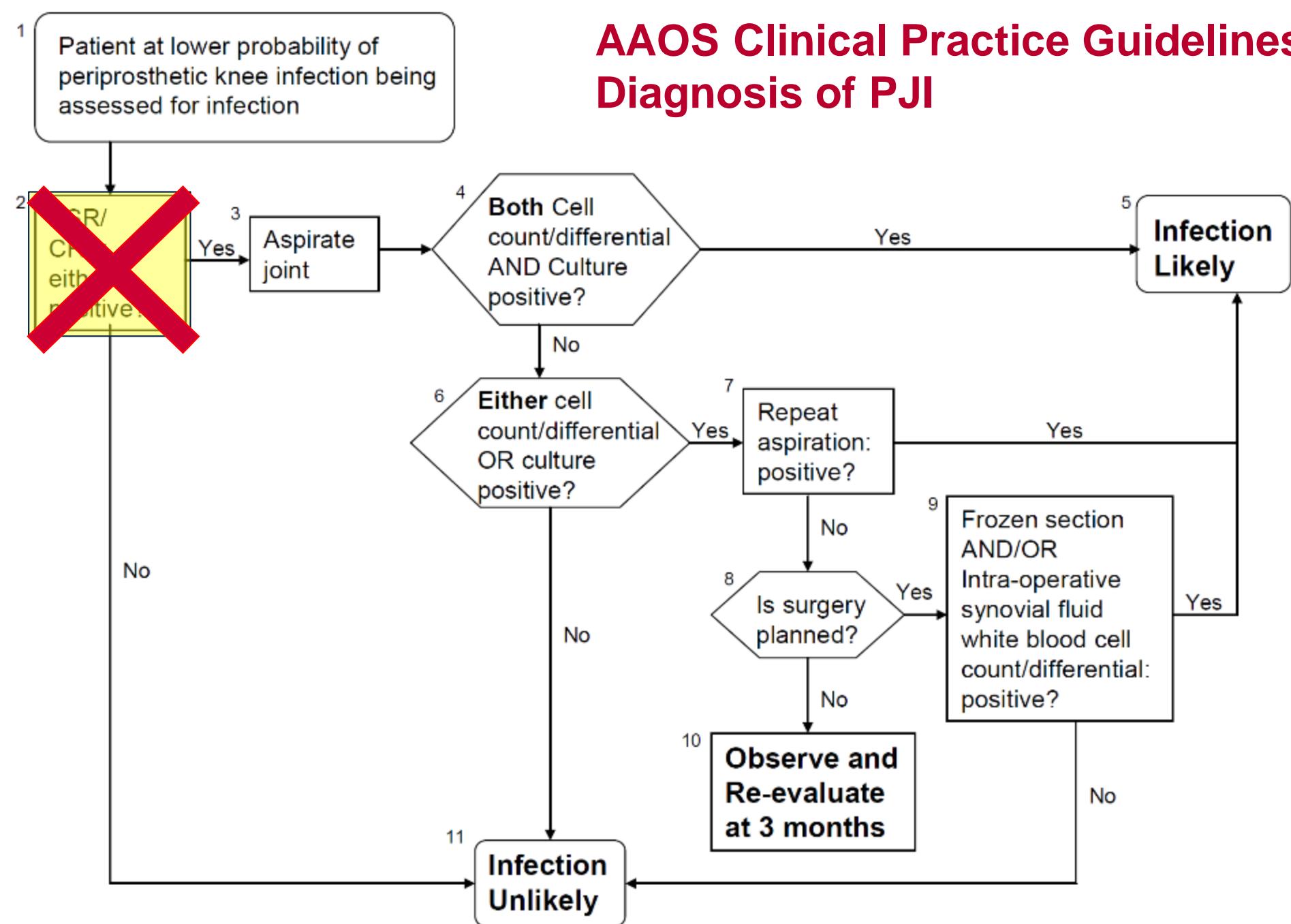
Bone / implant  
imaging



Pathogen-specific  
biomarker (D-lactate)

# AAOS Clinical Practice Guidelines

## Diagnosis of PJI



# Is it an infection?



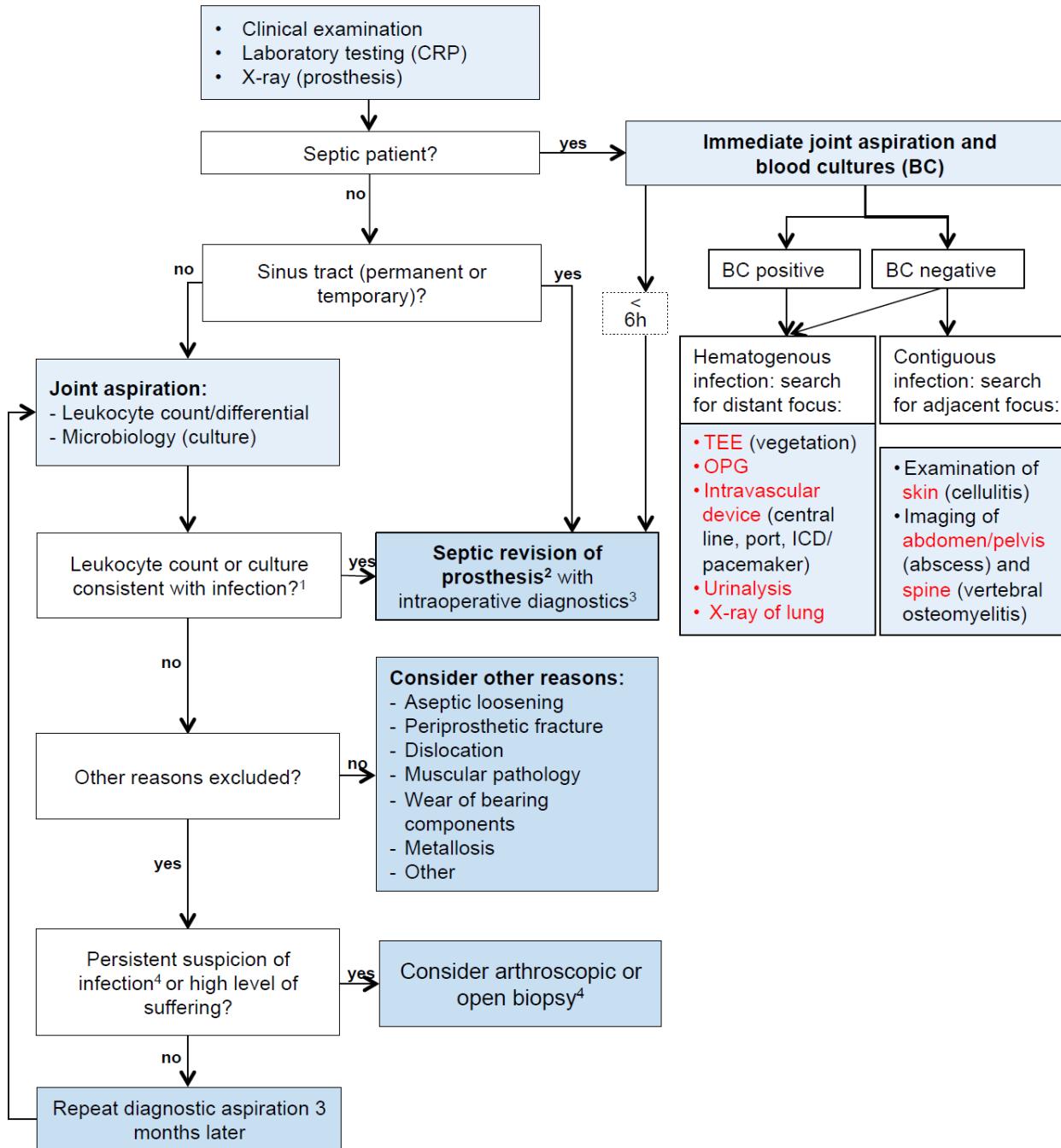
The ostrich effect



Ostriches bury their heads in the sand to avoid danger ([legend](#)).

In humans: Avoid an apparent risk by pretending it doesn't exist.

# DIAGNOSTIC ALGORITHM



# Approach

**Early prosthesis loosening (within 3 years of implantation) and persistent pain are:**

Highly suggestive for low-grade PJI

# Arthrocentesis kit



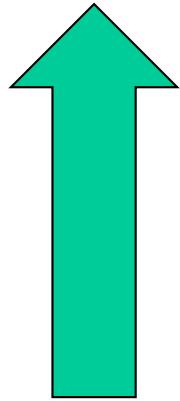
# Arthrocentesis-kit



| Priorität | Röhrchen               | (mindest-) Volumen | Sonstiges   | Zweck  | Ziel   |  |
|-----------|------------------------|--------------------|---|--|--|--|
| 1         | EDTA (Lila)            | 1 ml               | Zellzählanmeldung per<br>SMS<br>B<br>Sorgfältig schütteln!! | Zellzahl<br>Verteilerlabor<br>Rohrpost: 1213 | Leukocyte count  |  |
| 2         | BK-Flasche             | mind. 1ml          | MiBi-Schein   | MiBi   | MiBi   |  |
| 3         | Rot                    | 0,5 ml             | Patho-/Histo-Schein   | Kristalle                                    | Patho-/Histologie<br>Verteilerlabor<br>Rohrpost: 1213                              |  |
| 4         | NATIV (in der Spritze) | 1 ml               | MiBi-Schein „NATIV“   | MiBi   | MiBi<br>Verteilerlabor<br>Rohrpost: 1213   |  |
| 5         | Rot                    | 1,5 - 2 ml         | Bitte unterschriebenes Einwilligungsformular mitschicken    | Kalorimetrie + PCR                           | Ortho-Op Dispatcher<br>Rohrpost: 1605 mit unterschriebenem Einwilligungsformular!! |  |

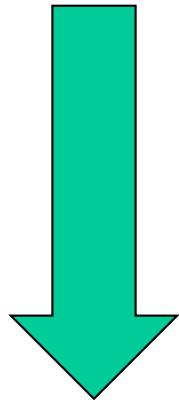
If aspirated synovial fluid volume <5 ml distribute the obtained synovial fluid according to the priority column (otherwise vials can be completely filled up)

# Leukocyte count: not always reliable



Potentially false high

- 6 weeks postoperative
- rheumatologic disease
- after trauma/periprosthetic fracture/ dislocation



Potentially false low

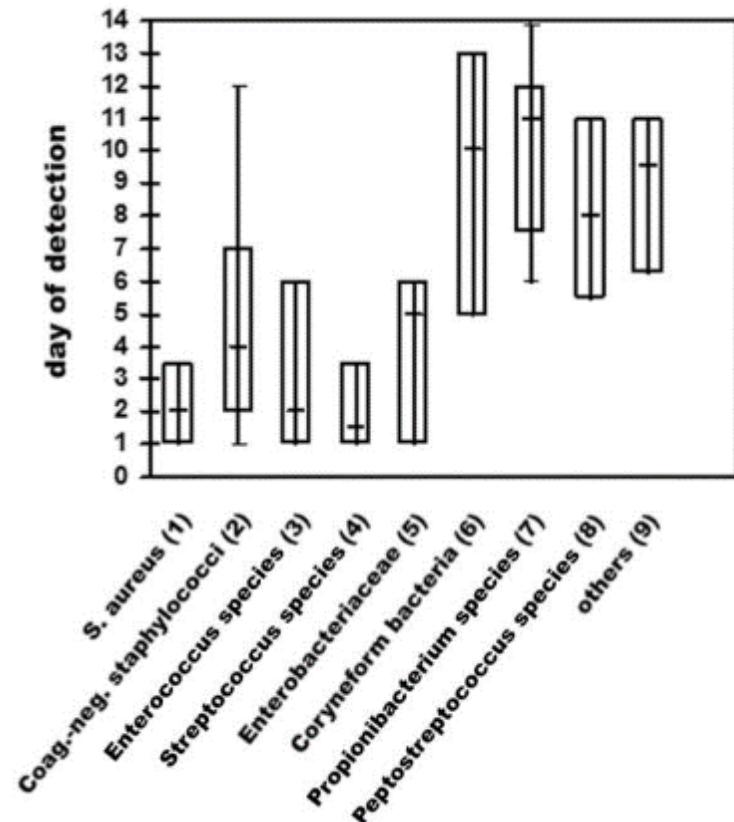
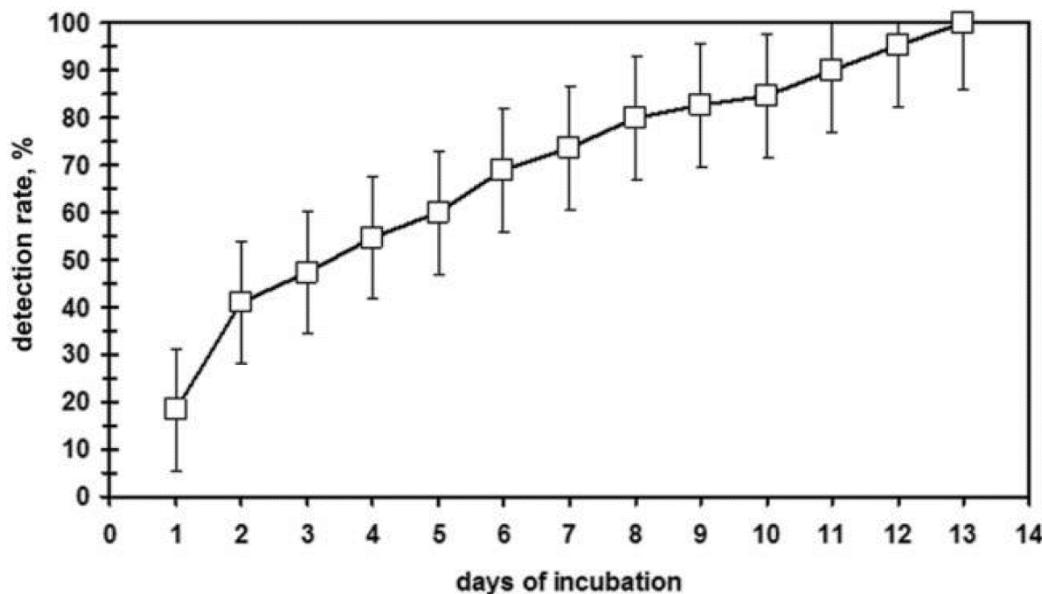
- sinus tract
- leukopenia
- Low-grade infection  
*(Cutibacterium acnes)*

# Intraoperative tissue culture



Obtain  $\geq 3$  tissue specimens

- Interface tissue-prosthesis, no swabs
- For culture and histology
- Prolonged culture incubation:  
10-14 d (anaerobes)
- Culture sensitivity: 60-80%



Schäfer P. Clin Infect Dis 2008

# Sonication of implants



Removed implants



Vortex, 30 s



Sonication, 1 min, 40 kHz



May 2005–Feb 2007

Standard method  
( $\geq 3$  tissue biopsies)



Sonicate



Trampuz A et al. *N Engl J Med* 2007;357:654–663



The NEW ENGLAND JOURNAL of MEDICINE

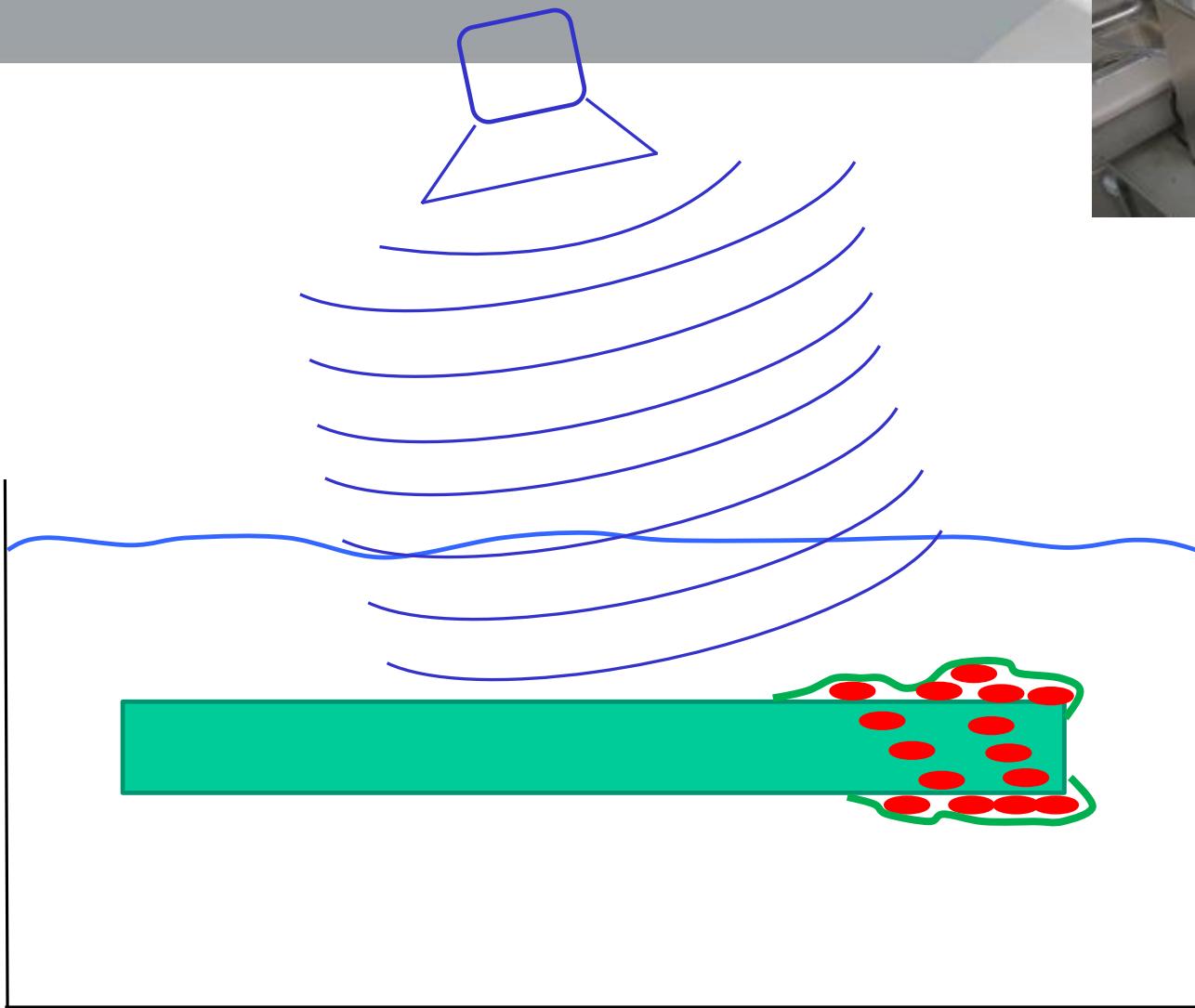
ORIGINAL ARTICLE

# Sonication of Removed Hip and Knee Prostheses for Diagnosis of Infection

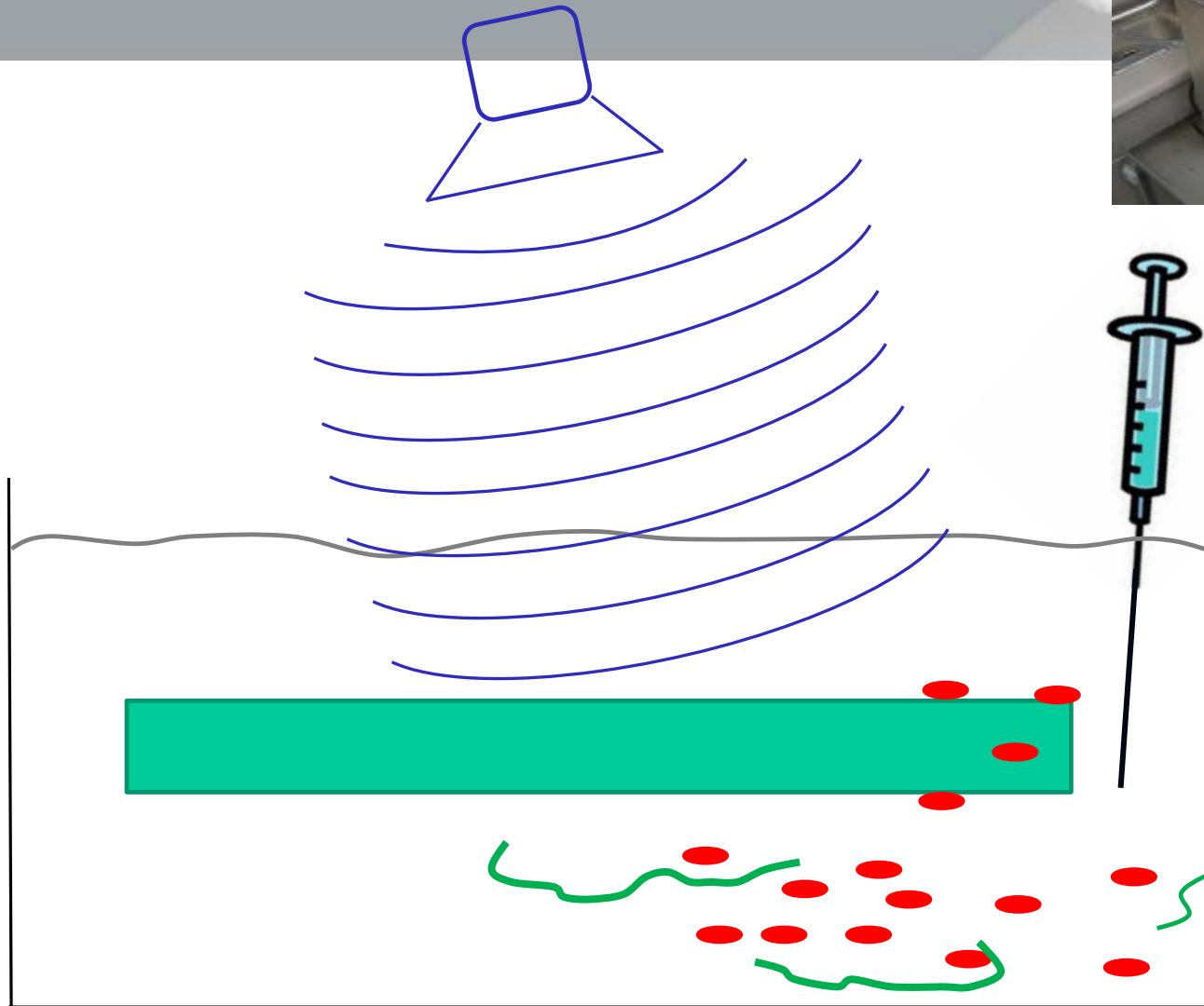
Andrej Trampuz, M.D., Kerryl E. Piper, M.S., Melissa J. Jacobson, A.S.,  
Arlen D. Hanssen, M.D., Krishnan K. Unni, M.D., Douglas R. Osmon, M.D.,  
Jayawant N. Mandrekar, Ph.D., Franklin R. Cockerill, M.D.,  
James M. Steckelberg, M.D., James F. Greenleaf, Ph.D., and Robin Patel, M.D.

N ENGL J MED 357;7 WWW.NEJM.ORG AUGUST 16, 2007

# Sonication – biofilm bacteria



# Sonication – biofilm bacteria

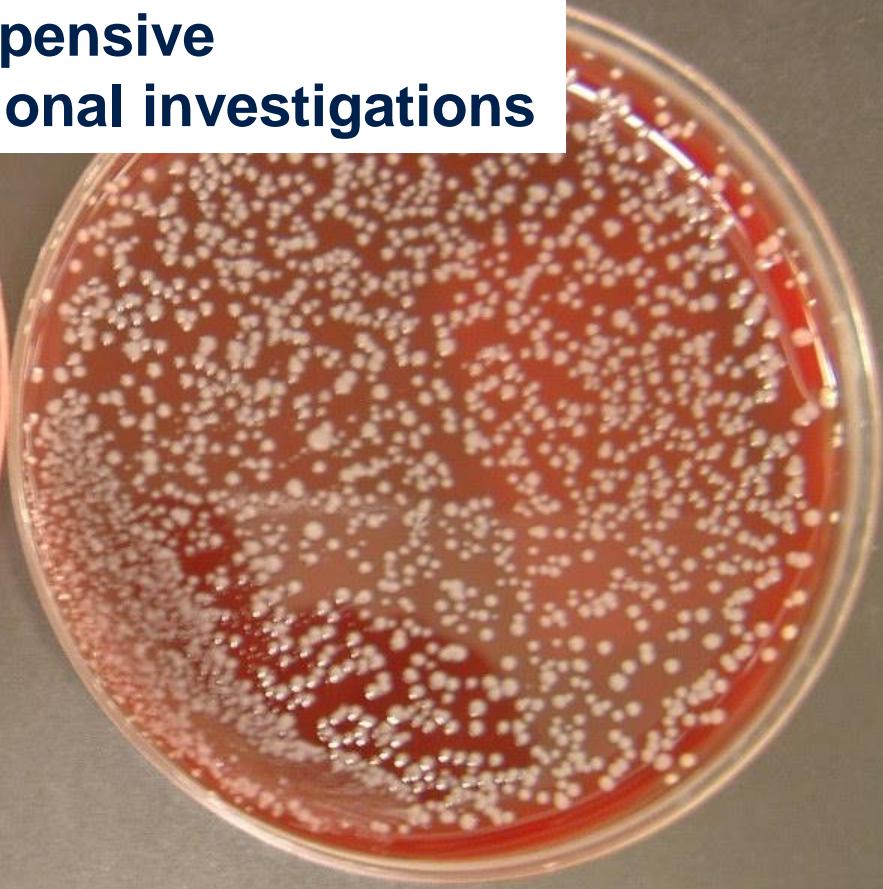


Trampuz A et al. N Engl J Med 2007

**Better sensitivity (90%)**  
**Quantitative (more specific: 95%)**  
**Mixed infections (30%)**  
**Faster, less expensive**  
**Fluid for additional investigations**



**Tissue biopsy**



**Sonication fluid**

# Definition criteria

Diagnosis of periprosthetic joint infection is confirmed if at least 1 criteria is fulfilled:

| Criterion                            | Explanation   | Sensitivity                | Specificity       |
|--------------------------------------|---|----------------------------|-------------------|
| Clinical features                    | Sinus tract (fistula) or visible purulence around the prosthesis  | 20-30%                     | 100%              |
| Leukocyte count<br>in synovial fluid | >2000/ $\mu$ l leukocytes or<br>$\geq$ 70% granulocytes   | 90%                        | 95%               |
| Histology                            | Inflammation in periprosthetic tissue (type 2 or type 3 after Morawietz & Krenn)  | 70-90%                     | 95%               |
| Microbiology                         | Growth in:<br><ul style="list-style-type: none"><li>- Synovial fluid</li><li>- <math>\geq</math>2 periprosthetic tissue samples*</li><li>- Sonication fluid (<math>\geq</math> 50 CFU/ml)</li></ul> | 45-75%<br>60-80%<br>80-90% | 95%<br>92%<br>95% |

\*For highly virulent organisms (e.g. *S. aureus*, *E. coli*) 1 positive tissue sample is sufficient.

# Microbiology of PJI

| Microorganism   | Frequency |
|---|-----------|
| Coagulase-negative staphylococci<br>(e.g. <i>Staphylococcus epidermidis</i> ) | 30-43%    |
| <i>Staphylococcus aureus</i>  | 12-23%    |
| Streptococci & enterococci  | 12-19%    |
| Gram-negative bacilli (e.g.<br><i>Escherichia coli</i> )                      | 10-17%    |
| Anaerobes (e.g. <i>Cutibacterium acnes</i> )                                  | 4-10%     |
| Mixed infections <sup>1</sup>   | 10-20%    |
| Fungi (e.g. <i>Candida albicans</i> ) <sup>1</sup>                            | 1-3%      |
| Culture negative  | 10-30%    |

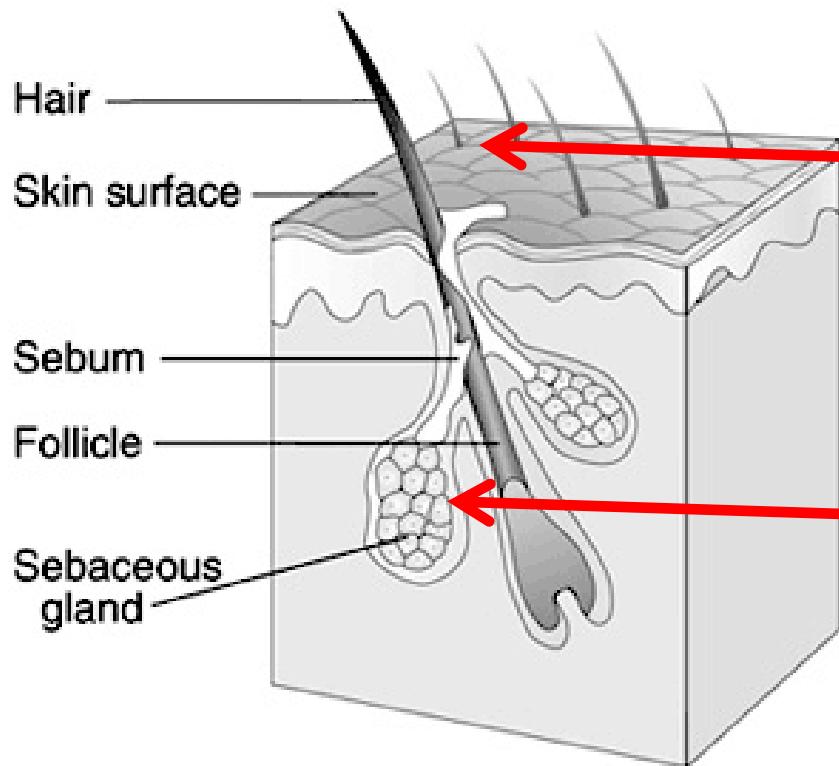
Low virulent organisms

<sup>1</sup> Often after VAC-therapy or fistula (with antibiotic therapy)

Corvec IJAO 2012; Tande CMR 2014

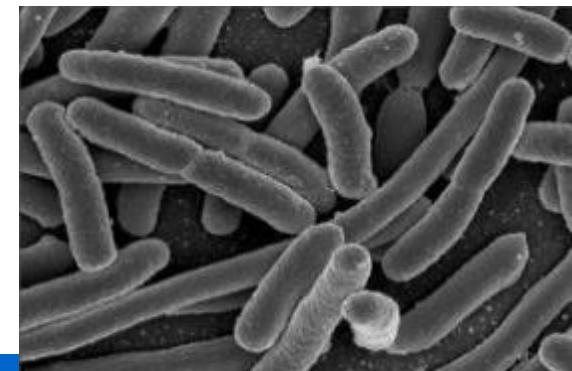
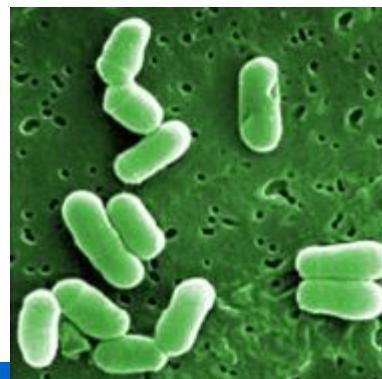
# Normal skin flora

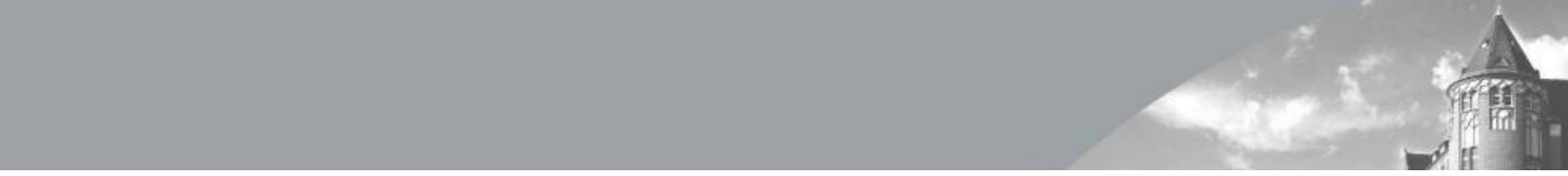
100.000 bacteria/cm<sup>2</sup>



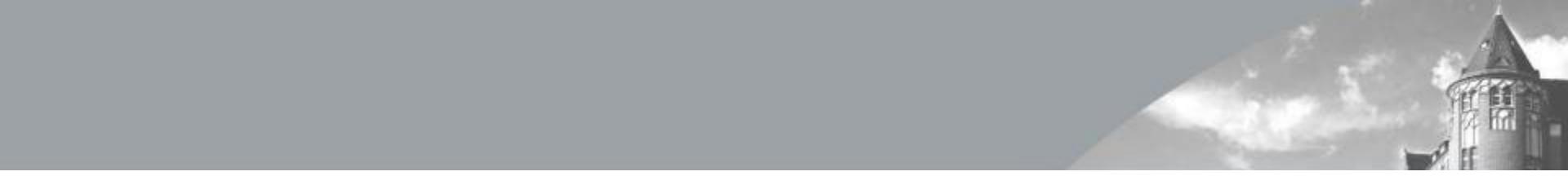
- **Staphylococci**
  - *Staphylococcus epidermidis*
  - *Staphylococcus aureus*

- **Anaerobes**
  - *Cutibacterium acnes*





# Modern treatment algorithm of PJI



The NEW ENGLAND JOURNAL of MEDICINE

REVIEW ARTICLE

CURRENT CONCEPTS

# Prosthetic-Joint Infections

Werner Zimmerli, M.D., Andrej Trampuz, M.D., and Peter E. Ochsner, M.D.

Zimmerli W et al. *N Engl J Med* 2004;351:1645–1654

# Treatment concept

To achieve high treatment success, a concerted surgical and antimicrobial concept is needed



Cure rate >90%

# What is the contribution of the surgeon on treatment success in PJI?

## Infectious Diseases

- 0%
- 20%
- 40%
- 60%
- 80%
- 100%

## Orthopedic surgeons

- 0%
- 20%
- 40%
- 60%
- 80%
- 100%

# What is the contribution of the surgeon on treatment success in PJI?

## Infectious Diseases

- 0%
- 20%
- 40%
- 60%
- 80% **✓**
- 100%

## Orthopedic surgeons

- 0%
- 20%
- 40%
- 60%
- 80%
- 100%

# What is the contribution of the surgeon on treatment success in PJI?



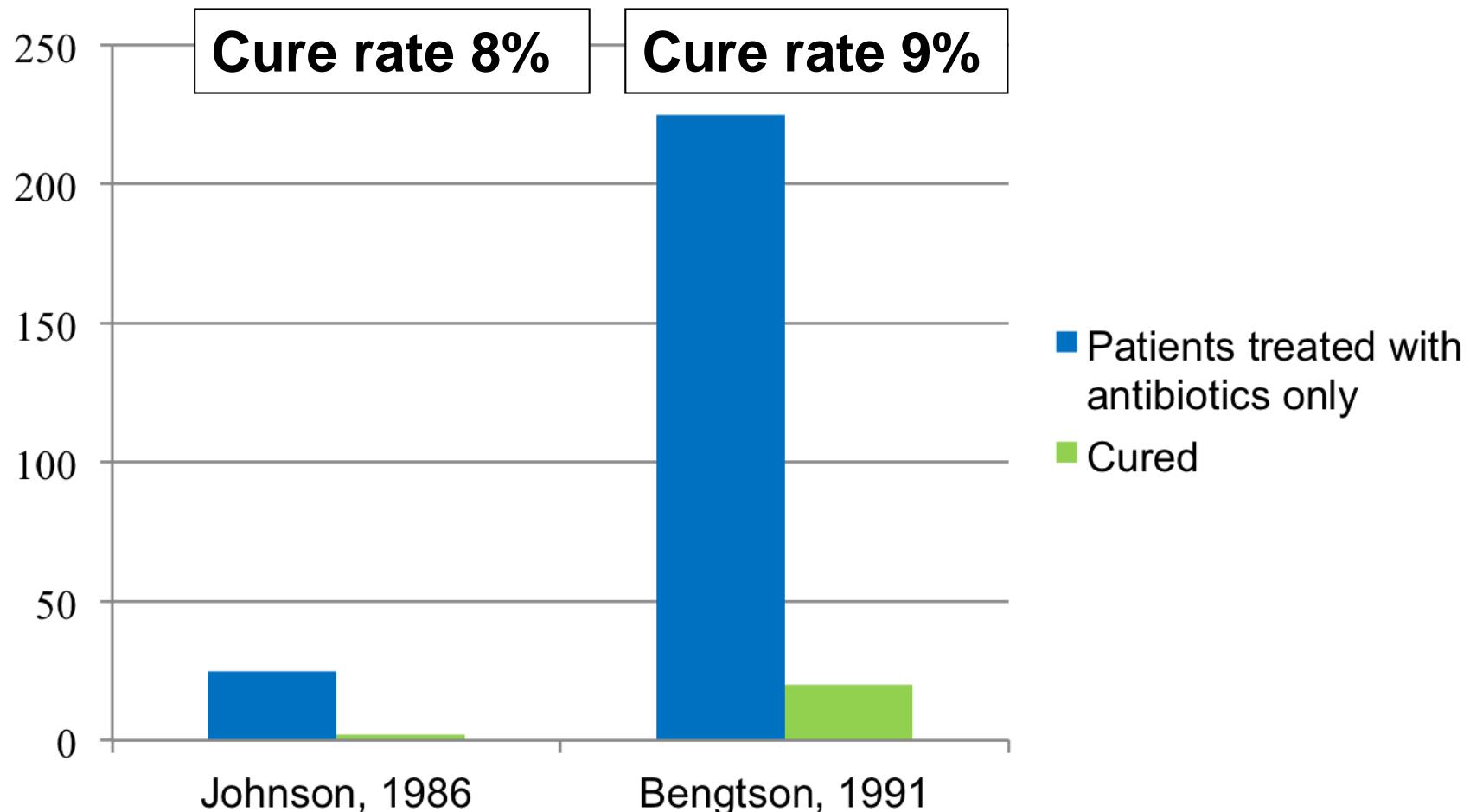
## Infectious Diseases

- 0%
- 20%
- 40%
- 60%
- 80%
- 100%

## Orthopedic surgeons

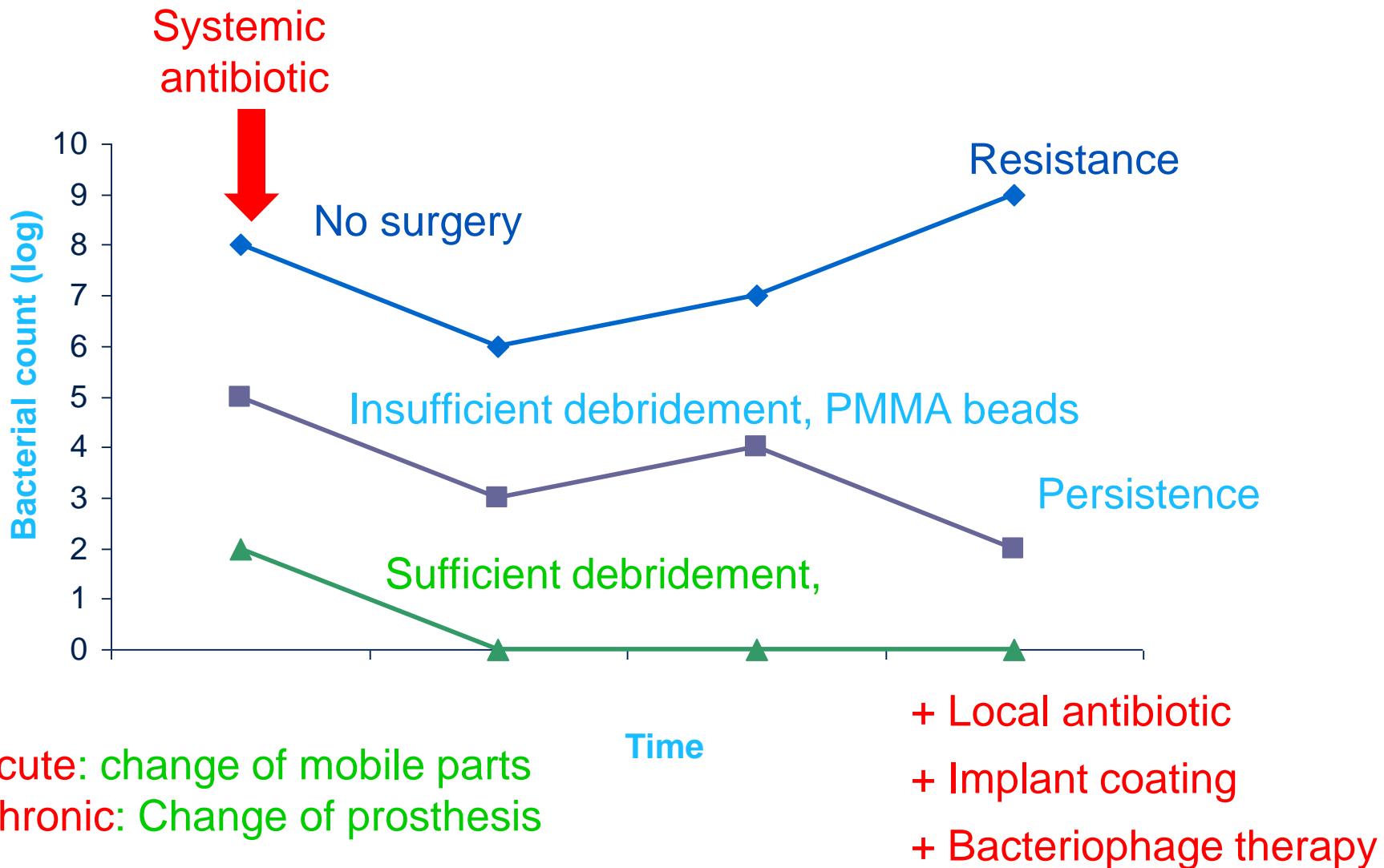
- 0%
- 20%
- 40%
- 60%
- 80%
- 100%

# Antibiotics without surgery

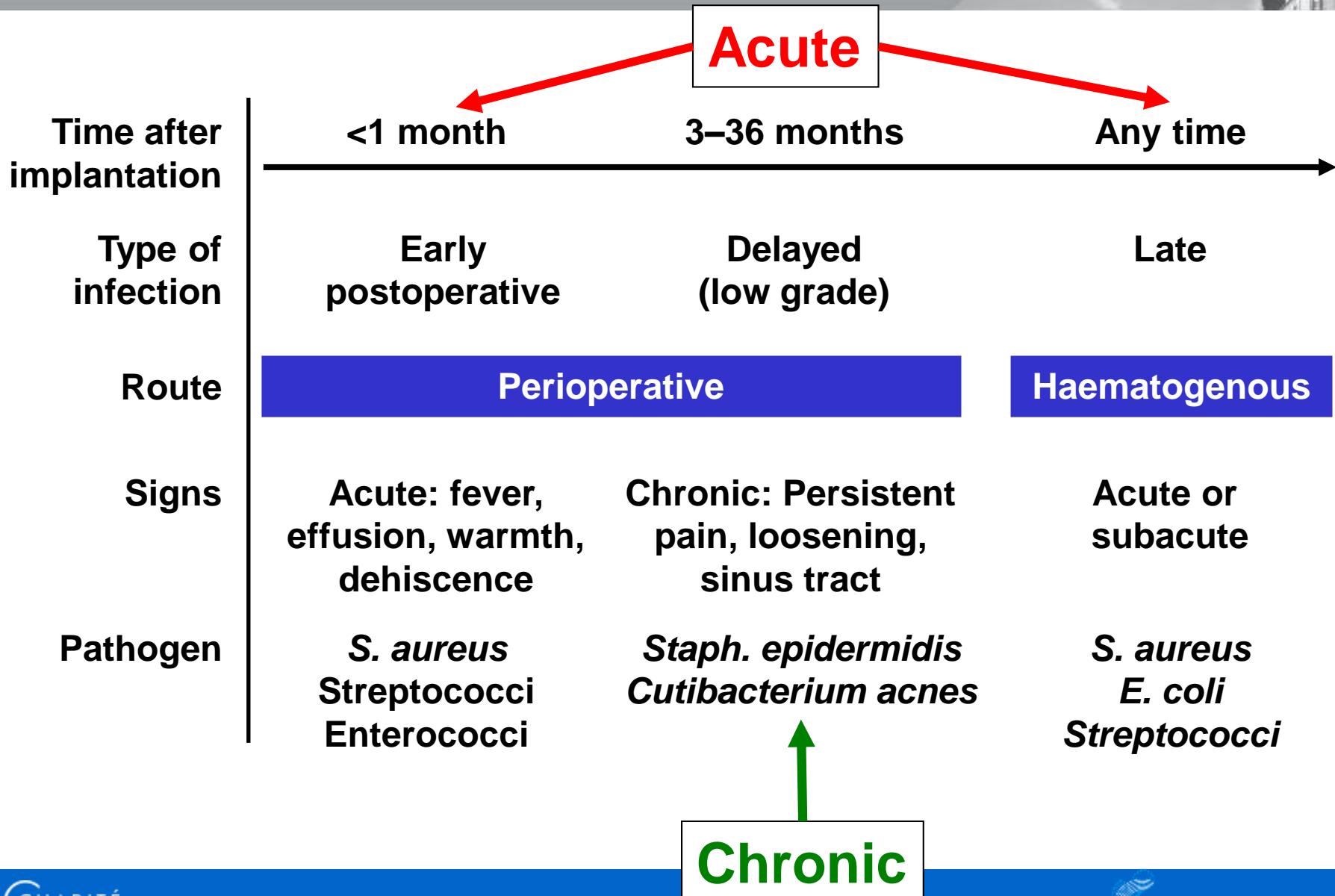


Johnson et al. J Bone Joint Surg Br 1986; Bengtson et al. Acta Orthop Scand 1991

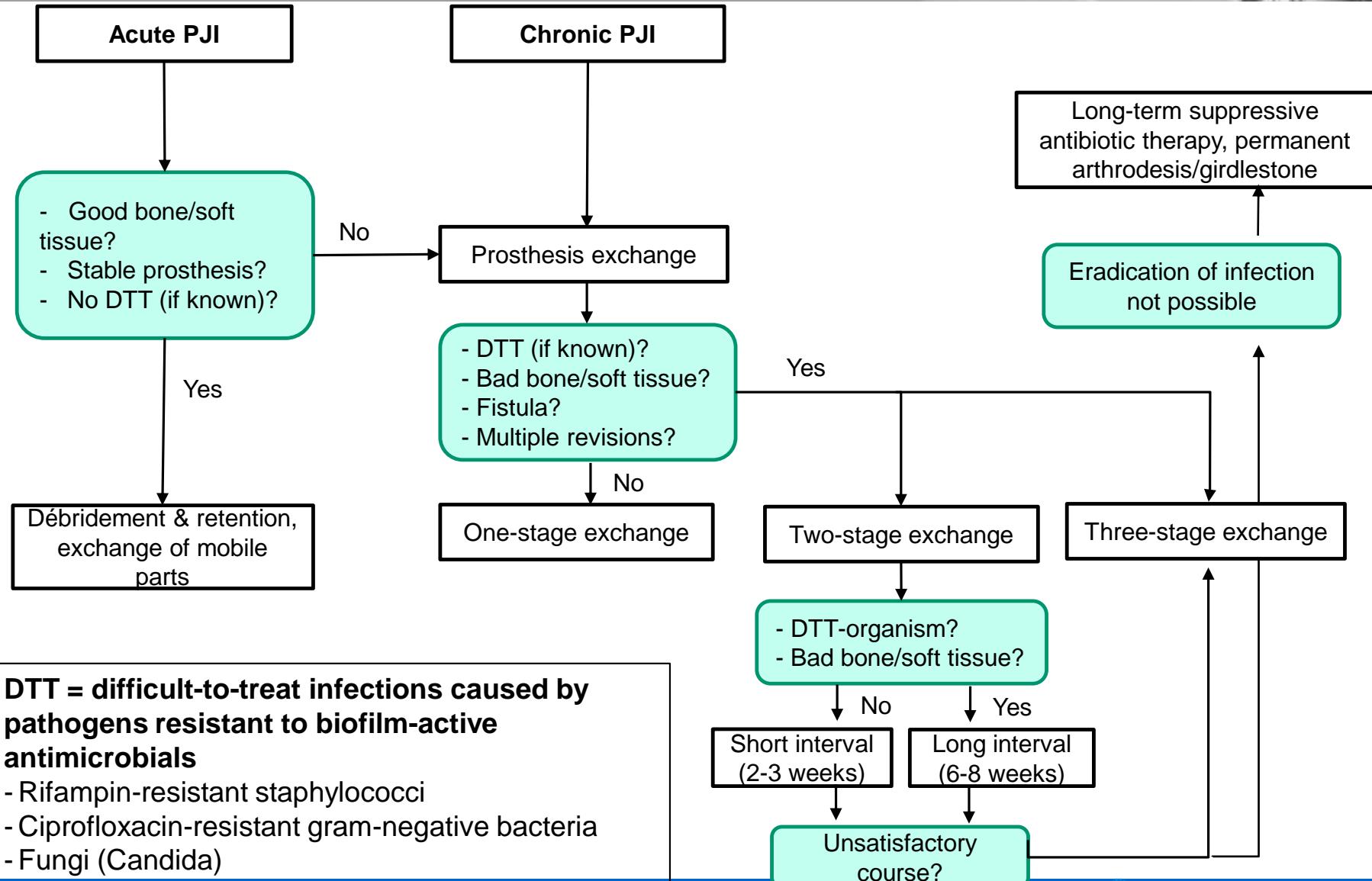
# The solution to pollution is dilution (of microbes)



# Classification: early – delayed – late



# Treatment algorithm



**DTT = difficult-to-treat infections caused by pathogens resistant to biofilm-active antimicrobials**

- Rifampin-resistant staphylococci
- Ciprofloxacin-resistant gram-negative bacteria
- Fungi (Candida)

# Acute infection

# Prolonged discharge: early postoperative PJI?

- C-reactive protein (**CRP**) should decrease after surgery!
- Exclude **other reasons** of prolonged discharge (coagulopathy, hematoma, albumin deficiency)

→ revision surgery  
if prolonged  
secretion (>7 days)



# Acute pain & fever, 10 y after implantation



# Chronic infection

- 78-y-o female
- Primary hip prosthesis 4 months ago
- Since implantation pain, walking distance now 20 m
- CRP normal, no loosening on x-ray



# Aspiration 4 months after implantation

## Mikroskopische Untersuchungen

Grampräparat

Leukozyten

mässig

Mikroorganismen

nicht nachweisbar

## Kulturelle Ergebnisse

1. **Staphylococcus epidermidis**

nach Anreicherung

S = sensibel I = intermediär R = resistent f = folgt N = negativ P = positiv

1.

Ampicillin

R

Amoxicillin + Clavulansäure

R

Cefalotin

R

Ceftriaxon

R

Gentamycin

R

Norfloxacin

R

Ciprofloxacin

R

Levofloxacin

R

Cotrimoxazol

R

Tetrazyklin

S



Imipenem

R

Penicillin

R

Oxacillin

R

Clindamycin

R

Erythromycin

S



Rifampicin

S



Vancomycin

S



Fusidinsäure

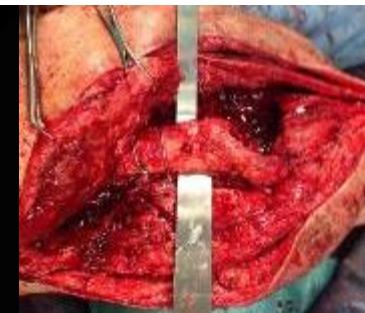
R

**High leukocyte count in joint aspirate (59,000/ $\mu$ l)**

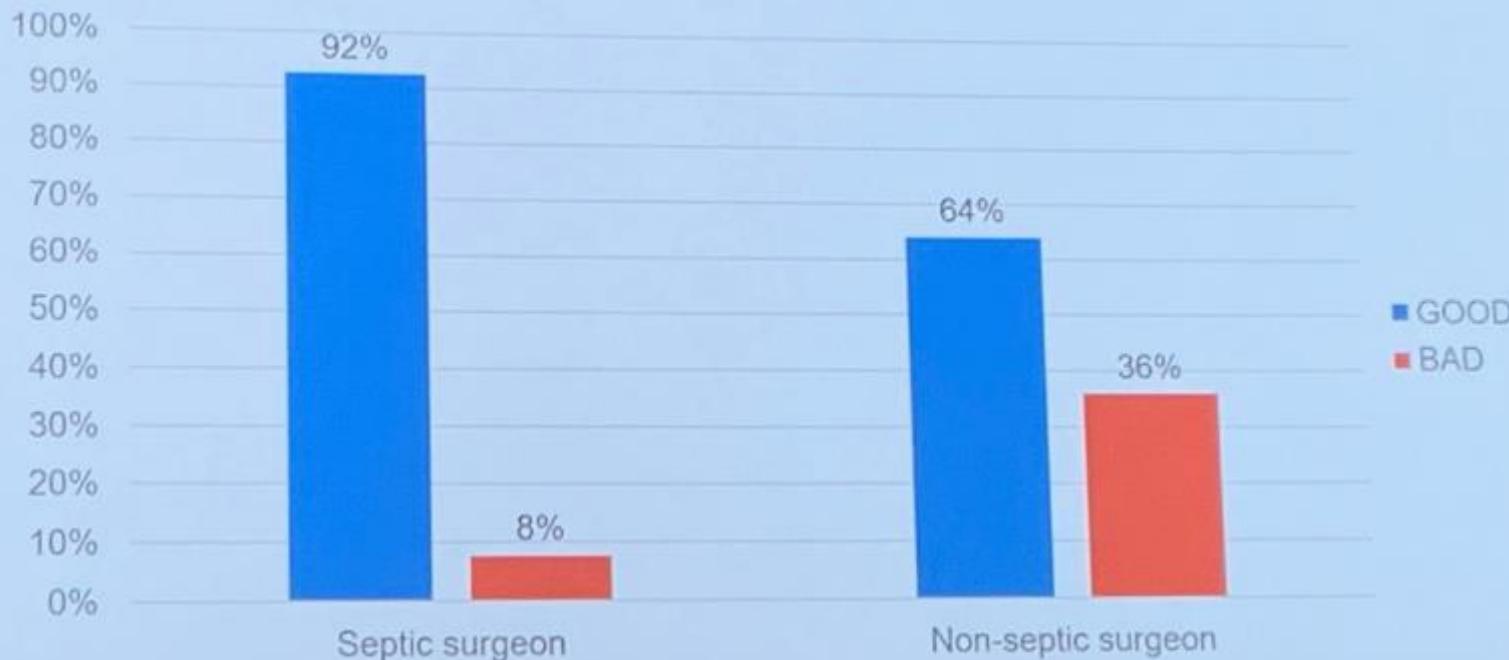
# Chronic: Removal of all foreign material



Stitching - Merged  
[H]



## Results : Overall success rate



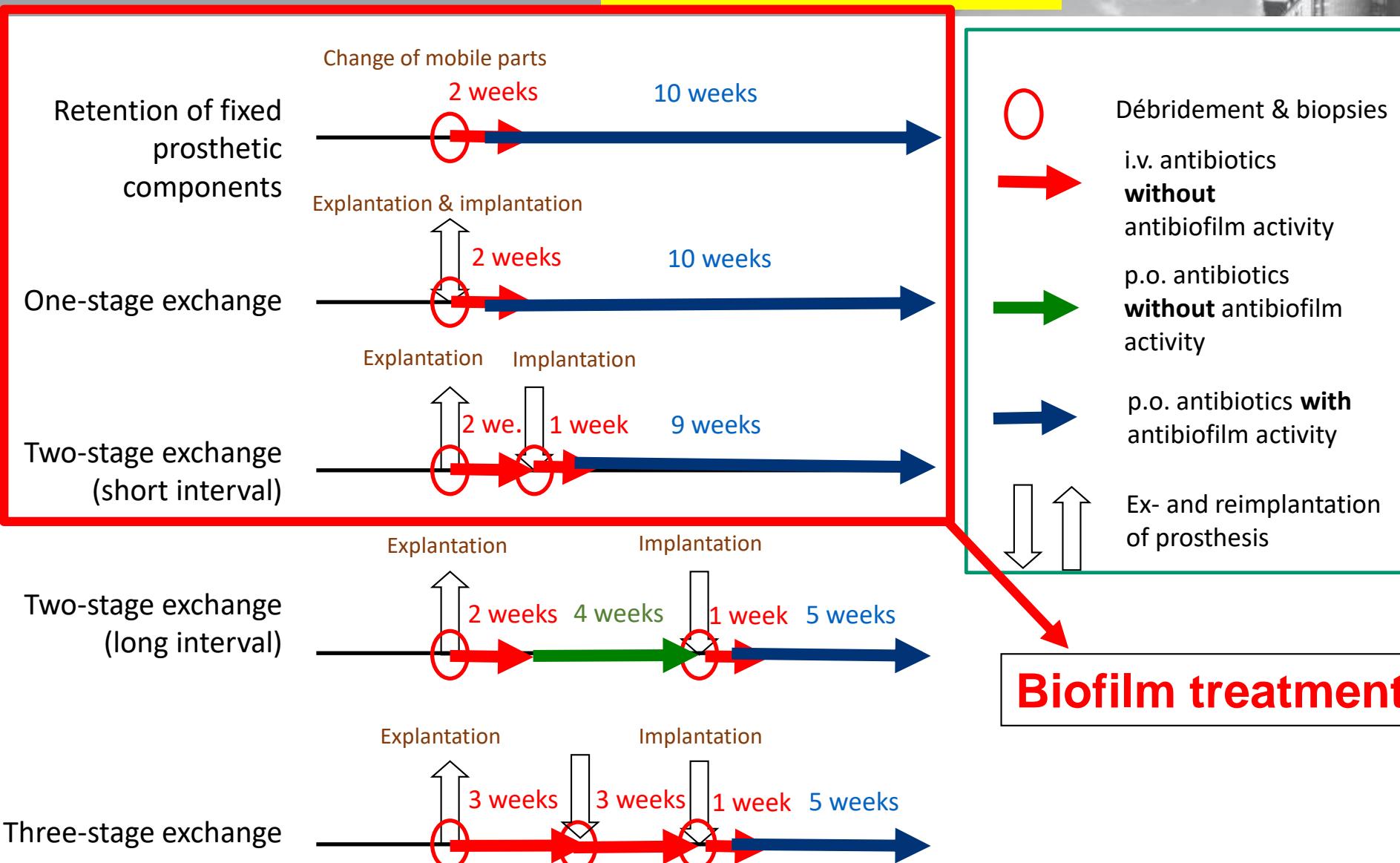
Non-septic surgeons have a higher failure rate ( $p < 0.05$ )

# Surgical procedures

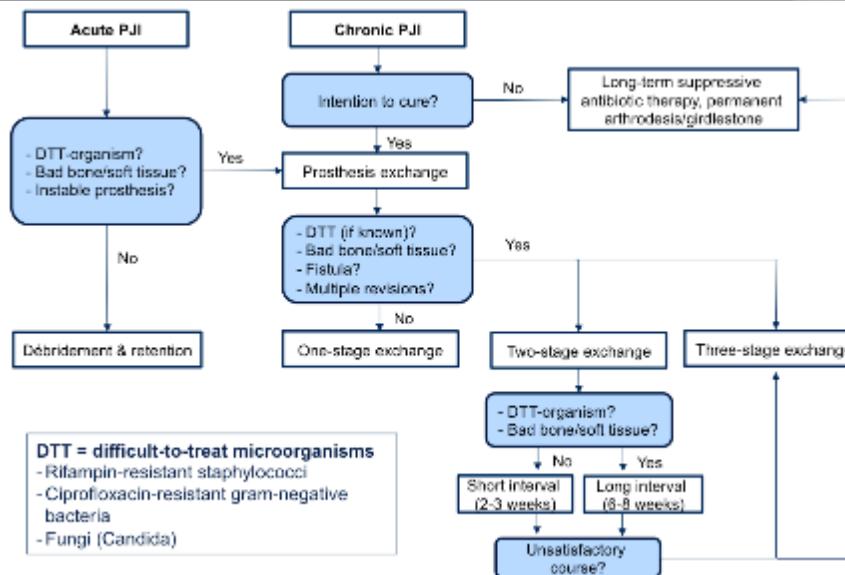
## Type of surgery

## Intervention

## Antibiotics (total 12 weeks)



# Aim of PJI-algorithm



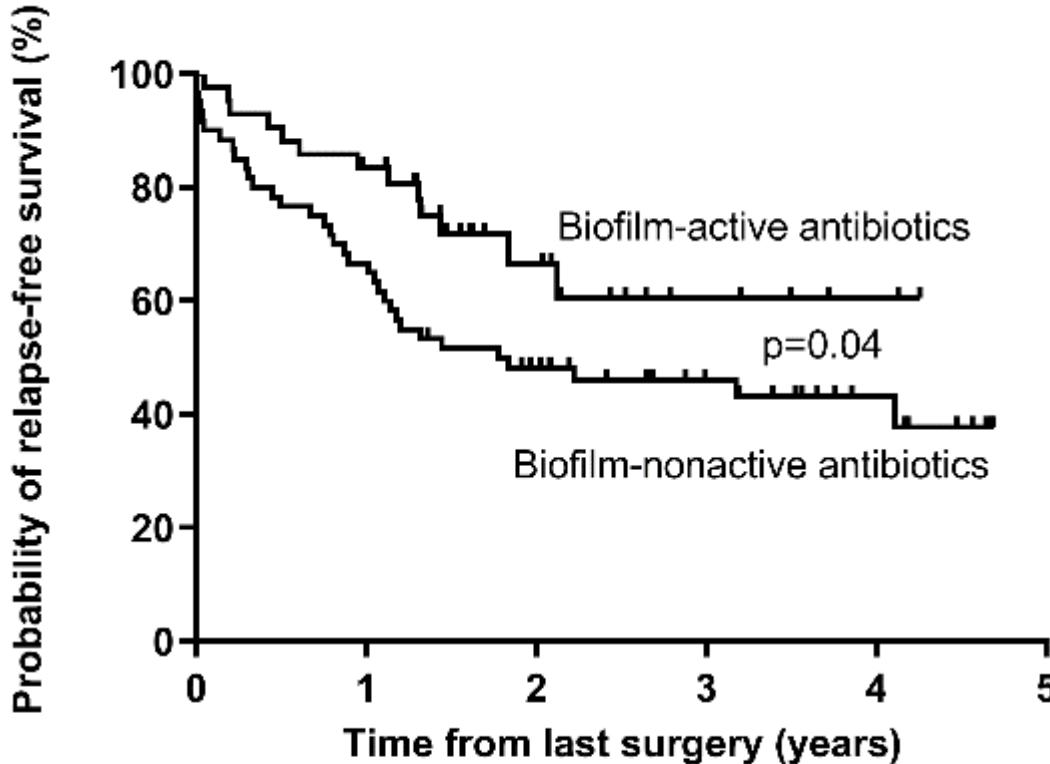
To select the

- **least invasive** treatment option depending on the present features
- with the **best functional result**
- without compromising the cure rate!

# Prosthetic joint infection: Outcome

| Variable  | Long interval<br>w/o optimal AB<br>(n = 19) | Long interval<br>with<br>optimal AB<br>(n = 19) | Short<br>interval with<br>optimal AB<br>(n = 19) |
|---|---|---|--|
|   | 68,5 ± 7,7                                  | 68,6 ± 14,4                                     | 65,4 ± 9,6                                       |
| Patient age (years)                             | 68,5 ± 7,7                                  | 68,6 ± 14,4                                     | 65,4 ± 9,6                                       |
| Duration from implantation to infection (years) | <b>3,2 ± 3,0</b>                            | <b>5,7 ± 5,1</b>                                | <b>4,2 ± 3,9</b>                                 |
| Interval from explantation to reimplantation    | 66,7 ± 12,8                                 | 66,7 ± 38                                       | 15,9 ± 5,8                                       |
| Length of hospital stay (days)                  | 25,7 ± 8,6                                  | 30 ± 10   | 30 ± 7   |
| Follow-up (months)                              | 25,2<br>(7-68)                              | 18,3<br>(6-29)                                  | 17,8<br>(8-19)                                   |
| Aufenthalt in Geriatrie im Intervall (d)        | 204   | 210   | 0  |
| Relapse of the infection                        | <b>6 (32%)</b>                              | <b>1 (5%)</b>                                   | <b>0 (0%)</b>                                    |
| No. revisionens in interval (median)            | 2   | 2   | 0  |

# Surgery without «proper» antibiotics



**Biofilm-active antibiotics**  
improved outcome  
of knee PJI:

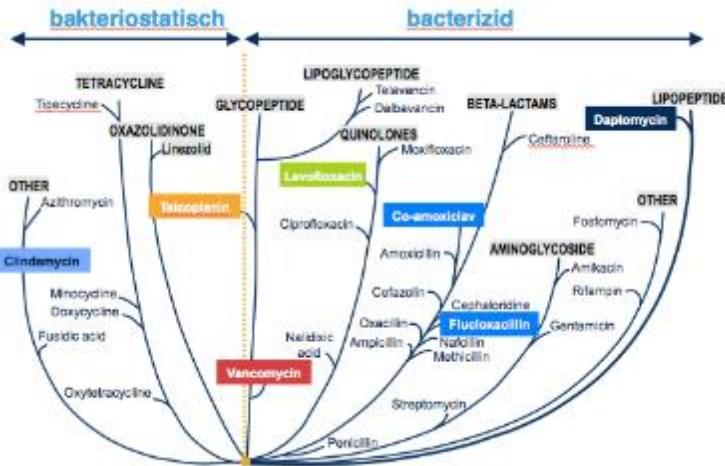
6-year prospective cohort with **103 patients**

| Number at risk    | 0  | 1  | 2  | 3  | 4 | 5 |
|-------------------|----|----|----|----|---|---|
| Biofilm-active    | 43 | 33 | 13 | 5  | 2 | 0 |
| Biofilm-nonactive | 60 | 40 | 26 | 16 | 8 | 0 |

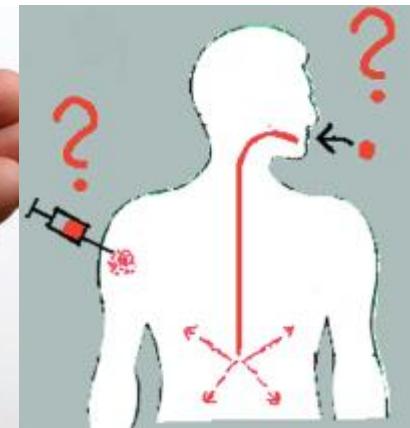
Gellert M, Hardt S et al. IJAA 2019 (in press)

# Properties of antibiotics

## Bactericidal activity



## Good oral bioavailability



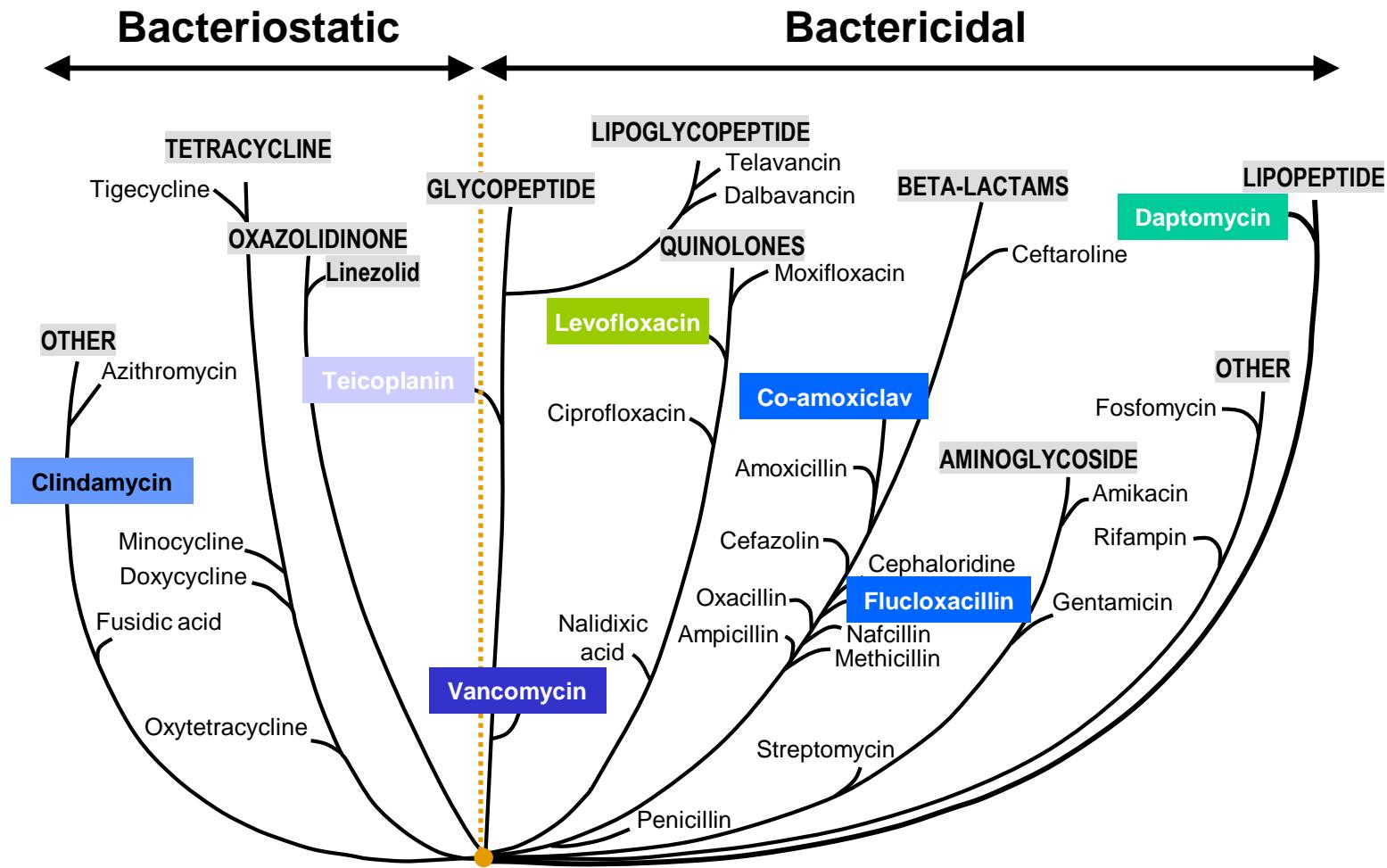
## Good bone penetration



## Activity against biofilms



# Activity of antibiotics



Rolinson GN. *Int J Antimicrob Agents* 2007;29:3–8

# Switch to oral treatment after surgery

When...

- ... CRP is nearly normalized
- ... wound is closed and dry
- ... organism and its susceptibility is known

→ usually after 1-2 weeks

# How much ends up in the bone?

| Drug                  | Oral bioavailability | Bone penetration |
|-----------------------|----------------------|------------------|
| Ampicillin/Sulbactam  | 50%                  | 7%               |
| Cefuroxim, cefadroxil | 50%                  | 12%              |
| Levofloxacin          | 100%                 | 77%              |
| Rifampin              | 80%                  | 51%              |
| Cotrimoxazole         | 85%                  | 55%              |
| Clindamycin           | 90%                  | 45%              |
| Linezolid             | 100%                 | 85%              |

Sanford Guide to Antimicrobial Therapy 2015. 45<sup>nd</sup> ed.  
Lorian. Antibiotics in Laboratory Medicine. 5<sup>th</sup> ed.

# Antibiotics with biofilm-activity

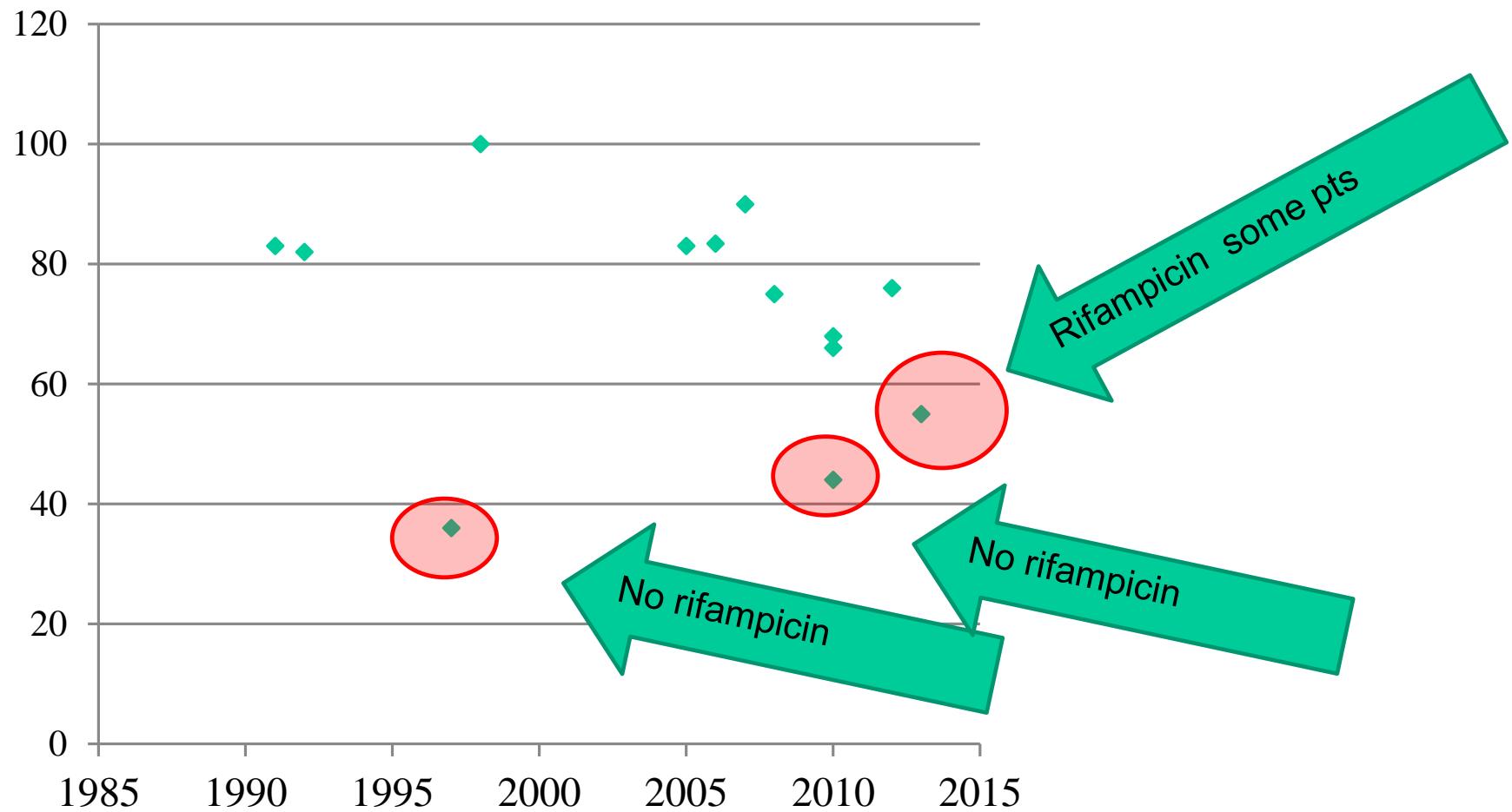
- **Staphylococci:** rifampin (in combination)
- **Gram-negative rods:** ciprofloxacin
- **Streptococci:** penicillin G or ceftriaxon (then amoxicillin p.o.)
- **Enterococci:** ampicillin/amoxicillin + fosfomycin + gentamicin

# Rifampin – precious but delicate



# Role of rifampicin in staphylococcal PJI

Early postop. and late acute PJI: Rifampicin-susceptible staphylococci



# Rifampin: Quick emergence of resistance

## Do not use:

- Before surgery
- In the interval before re-implantation of prosthesis
- In open wounds
- As single antibiotic (monotherapy)



# Strategy: long interval (6 weeks)



|   |   |
|---|---|
| No prosthesis<br>Osteomyelitis therapy<br>= | Prosthesis<br>Biofilm-active therapy<br>= |
| Suppression                                 | Eradication                               |

No rifampin  
during interval!

rifampin



# Targeted therapy

## EMPFOHLENE ANTIBIOTIKATHERAPIE

### Empirische Antibiotikatherapie:

Ampicillin/Subactam<sup>a</sup> 3 x 3 g i.v. (+/- Vancomycin<sup>b</sup> 2 x 1 g bei septischen Patienten, bekannten MRSA-Trägern, multiplen Voroperationen und Vd. a. Low-Grade Infekt)

### Gezielte Antibiotikatherapie (Deeskalation, sobald Pathogen(e) bekannt):

| Mikroorganismus<br>(rot: Problemreger) | Antibiotikum <sup>c</sup><br>(Empfindlichkeit überprüfen)  | Dosis <sup>d</sup> (blau: Nierenadaptation notwendig)   | Gabe   |
|--|--|---|--|
| <b>Staphylococcus spp.</b>             |  |   |  |
| - Oxacillin-/Methicillin-empfindlich   | Fluoxacillin <sup>e</sup><br>(oder Fosfomycin)<br>+<br>Rifampicin <sup>f</sup><br>für 2 Wochen, dann (je nach Antibiotogramm):<br>- Levofloxacin oder<br>- Cotrimoxazol oder<br>- Doxycyclin oder<br>- Fusidinsäure  | 4 x 2 g<br>(3 x 5 g)<br>2 x 450 mg<br>Levofloxacin oder<br>3 x 960 mg<br>2 x 100 mg<br>3 x 500 mg                         | i.v.<br>i.v.<br>p.o.<br>p.o.<br>p.o.<br>p.o.                   |
| - Oxacillin-/Methicillin-resistent     | Rifampicin <sup>g</sup><br>Daptomycin oder<br>Vancomycin <sup>h</sup><br>(oder Fosfomycin)<br>+<br>Rifampicin <sup>i</sup><br>für 2 Wochen, dann in Kombination wie oben für Oxacillin-/Methicillin-empfindliche Staphykokken  | 2 x 450 mg<br>1 x 8 mg/kg<br>2 x 1 g<br>(3 x 5 g)<br>2 x 450 mg   | p.o.<br>i.v.<br>i.v.<br>i.v.<br>p.o.                           |
| - Rifampicin-resistent                 | Vancomycin oder Daptomycin für 2 Wochen (wie oben), dann: Langzeitsuppression für ≥1 Jahr, abhängig von Empfindlichkeit (z.B. mit Cotrimoxazol, Doxycyclin oder Clindamycin).  |   |  |
| <b>Streptococcus spp.</b>              |  |   |  |
|  | Penicillin G <sup>j</sup> oder<br>Ceftriaxon<br>für 2-4 Wochen, dann:<br>Amoxicillin oder<br>Levofloxacin<br>(ggf. Suppression für 1 Jahr)   | 4 x 5 Millionen U<br>1 x 2 g<br>3 x 1000 mg<br>2 x 500 mg   | i.v.<br>i.v.<br>p.o.<br>p.o.                                   |
| <b>Enterococcus spp.</b>               |  |   |  |
| - Penicillin-empfindlich               | Ampicillin <sup>k</sup> +<br>Gentamicin <sup>l</sup><br>(+/- Fosfomycin)<br>für 2-3 Wochen, dann:<br>Amoxicillin<br>Vancomycin <sup>m</sup> oder<br>Daptomycin<br>+<br>Gentamicin <sup>l</sup><br>(+/- Fosfomycin)<br>für 2-4 Wochen, dann:<br>Linezolid (max. 4 Wochen) | 4 x 2 g<br>2 x 60-80 mg<br>(3 x 5 g)<br>3 x 1000 mg<br>2 x 1 g<br>1 x 10 mg/kg<br>2 x 60-80 mg<br>(3 x 5 g)<br>2 x 600 mg | i.v.<br>i.v.<br>(i.v.)<br>p.o.<br>i.v.<br>i.v.<br>i.v.<br>p.o. |
| - Penicillin-resistent                 | Individuell; Entfernung des Implantates oder lebenslängliche Suppression notwendig, z.B. mit Doxycyclin (falls empfindlich).   |   |  |
| - Vancomycin-resistent (VRE)           |  |   |  |

| Mikroorganismus<br>(rot: Problemreger)   | Antibiotika <sup>n</sup><br>(Empfindlichkeit überprüfen)   | Dosis <sup>o</sup> (blau: Nierenadaptation notwendig)  | Gabe                                 |
|--|--|--|--------------------------------------|
| <b>Gramnegative Erreger</b>  |  |  |                                      |
| - Enterobacteriaceae<br>( <i>E. coli</i> , <i>Klebsiella</i> , <i>Enterobacter</i> etc.)             | Ciprofloxacin  | 2 x 750 mg   | p.o.                                 |
| - Nonfermenter<br>( <i>Pseudomonas aeruginosa</i> , <i>Acinetobacter</i> spp.)                       | Piperacillin/Tazobactam oder<br>Meropenem oder<br>Ceftazidim<br>+<br>Tobramycin<br>(oder Gentamicin)<br>für 2-3 Wochen, dann:<br>Ciprofloxacin | 3 x 4 g<br>3 x 1 g<br>3 x 2 g<br>1 x 300 mg<br>1 x 240 mg<br>2 x 750 mg<br>Abhängig vom Antibiotogramm: Meropenem i.v. 3 x 1 g, Colistin 3 x 3 Mio E i.v. und/oder Fosfomycin 3 x 5 g i.v., dann orale Suppression | i.v.<br>i.v.<br>i.v.<br>i.v.<br>p.o. |
| - Ciprofloxacin-resistent  |  |  |                                      |
| <b>Anaerobier</b>  |  |  |                                      |
| - Gram-positiv<br>( <i>Propionibacterium</i> , <i>Peptostreptococcus</i> , <i>Finegoldia magna</i> ) | Penicillin G <sup>p</sup> oder<br>Ceftriaxon<br>+<br>Rifampicin <sup>q</sup><br>für 2 Wochen, dann:<br>Levofloxacin oder<br>Amoxicillin<br>+   | 4 x 5 Millionen E<br>1 x 2 g<br>2 x 450 mg<br>2 x 500 mg<br>3 x 1000 mg  | i.v.<br>i.v.<br>p.o.<br>p.o.<br>p.o. |
| - Gram-negativ<br>( <i>Bacteroides</i> spp., <i>Fusobacterium</i> spp.)                              | Rifampicin <sup>q</sup><br>Ampicillin/Subactam <sup>r</sup><br>für 2 Wochen, dann:<br>Metronidazol   | 2 x 450 mg<br>3 x 3 g<br>3 x 400 mg  | i.v.<br>i.v.<br>p.o.                 |
| <b>Candida spp.</b>  |  |  |                                      |
| - Fluconazol-empfindlich   | Caspofungin oder<br>Anidulafungin<br>für 1-2 Wochen, dann:<br>Fluconazol (Suppression für ≥1 Jahr)   | 1 x 50 mg (1. Tag 70 mg)<br>1 x 100 mg (1. Tag 200 mg)   | i.v.<br>p.o.                         |
| - Fluconazol-resistant   | Individuell (z.B. mit Voriconazol 2 x 200 mg p.o.); Entfernung des Implantates oder ggf. lebenslange Suppression.                              |  |                                      |
| <b>Kultur-negativ</b>  |  |  |                                      |
|  | Ampicillin/Subactam <sup>r</sup><br>für 2 Wochen, dann:<br>Levofloxacin +<br>Rifampicin <sup>q</sup>   | 3 x 3 g<br>2 x 500 mg<br>2 x 450 mg  | i.v.<br>p.o.<br>p.o.                 |

<sup>a</sup> Gesamtduer der Therapie: 12 Wochen, ca. 2 Wochen intravenös (i.v.), dann oral (p.o.).

<sup>b</sup> Laborkontrolle 2x/Woche: Leukozyten, C-reactives Protein, Kreatinin/GFR, Leberenzyme (AST/GOT und ALT/GPT). Dosisanpassung nach Nierenfunktion und Körpergewicht (<40 kg oder >100 kg).

<sup>c</sup> Penicillin-Aллерgie vom NICHT-Typ 1 (z.B. Exanthem): Cefazolin (3 x 2 g i.v.). Bei Anaphylaxie (= Typ 1-Aллерgie mit Quincke-Odem, Bronchospasmus, anaphylaktischem Schock) oder Cephalosporin-Aллерgie: Vancomycin (2 x 1 g i.v.) oder Daptomycin (1 x 8 mg/kg i.v.). Ampicillin/Subactam ist äquivalent zu Amoxicillin/Clavulansäure (3 x 2,2 g i.v.).

<sup>d</sup> Rifampicin erst nach Prothesen-Wiederaufbau und bei trockenen Wundverhältnissen bzw. gezogenen Drainagen einsetzen; Dosisreduktion auf 2 x 300 mg bei Alter >75 Jahre.

<sup>e</sup> Bestimmung des Vancomycin-Talspiegels mindestens 1x/Woche, Blutabnahme unmittelbar vor nächster Gabe. Zielwert: 15-20 µg/ml.

<sup>f</sup> Gentamicin nur anwenden, wenn Gentamicin high-level (HL) empfindlich getestet wird (im Mikrobiologie-Labor nachfragen). Bei Gentamicin HL-resistenten Enterokokken: Gentamicin durch Ceftriaxon (1 x 2 g i.v.) ersetzen.

# Therapy during interval: suppression

- Aim: suppression of the infection (no eradication)
- used substances:

| Organism                | substance                               |
|-------------------------|---|
| Staphylococci           | Cotrimoxazol, Doxycyclin, Clindamycin   |
| Streptococci            | Amoxicillin, Clindamycin, Levofloxacin  |
| Enterococci             | Amoxicillin, (Linezolid)                |
| Anaerobes               | Clindamycin, Amoxicillin, Metronidazole |
| Gram negative organisms | Ciprofloxacin, Cotrimoxazol             |

- Seamless intake until implantation (no drug holidays)

# Pocket Guide: [www.pro-implant-foundation.org](http://www.pro-implant-foundation.org)

## Pocket Guide zur Diagnostik und Behandlung von periprothetischen Infektionen

Individuelle Beratung über das Onlineportal: [cs.pro-implant-foundation.org](http://cs.pro-implant-foundation.org)  
PRO-IMPLANT Workshops: [www.pro-implant-foundation.org](http://www.pro-implant-foundation.org)

### DEFINITION

Vorliegen einer periprothetischen Infektion, wenn  $\geq 1$  Kriterium erfüllt ist:

| Untersuchung                           | Kriterium   | Sensitivität               | Spezifität        |
|--|---|----------------------------|-------------------|
| Klinik                                 | Fistel <u>oder</u><br>Eiter um die Prothese <sup>a</sup>  | 20-30%                     | 100%              |
| Leukozytenzahl im Punktat <sup>b</sup> | >2000/ $\mu$ l Leukozyten <u>oder</u><br>>70% Granulozyten (PMN)  | $\approx$ 90%              | $\approx$ 95%     |
| Histologie                             | Entzündung im periprothetischen Gewebe <sup>c</sup>   | 73%                        | 95%               |
| Mikrobiologie                          | Erreger nachweis in:<br><ul style="list-style-type: none"><li>• Synovialflüssigkeit <u>oder</u></li><li>• <math>\geq 2</math> Gewebeproben<sup>d</sup> <u>oder</u></li><li>• Sonikat <math>\geq 50</math> Kolonien/ml<sup>e</sup></li></ul> | 45-75%<br>60-80%<br>80-90% | 95%<br>92%<br>95% |

<sup>a</sup> Bei der Metall-Metall Gleitpaarung kann Eiter durch Abrieb simuliert werden

(„Pseudopus“), die Leukozytenzahl ist normal oder erhöht (Metaldebris sichtbar)

<sup>b</sup> Bei rheumatischer Arthropathie, Luxationen, periprothetischer Fraktur, Vorliegen einer Fistel und 6 Wochen postoperativ nicht verwertbar. Die Leukozytenzahl sollte innerhalb von 24 Stunden bestimmt werden (Mikroskopie oder automatisierte Auszählung); geronnene Proben werden mit 10  $\mu$ l Hyaluronidase versetzt

<sup>c</sup> entspricht Typ 2 oder 3 nach Krenn und Morawietz ( $\geq 23$  Granulozyten/10 HPF)

<sup>d</sup> Bei hoch-virulenten Erregern (z.B. *S. aureus*, *E. coli*, streptococci) oder Patienten unter Antibiotika ist der Nachweis in einer Gewebeprobe signifikant

<sup>e</sup> Unter Antibiotikatherapie, bei *S. aureus* und Anaerobiern können schon <50 Kolonien/ml relevant sein

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Version 8  
01. Oktober 2018

## Pocket Guide zur Diagnostik und Behandlung von Implantat-assoziierten Infektionen nach Frakturversorgung



Version 3  
01. Oktober 2018

Nutzen Sie für individuelle Empfehlungen das Beratungsportal unter: [cs.pro-implant-foundation.org](http://cs.pro-implant-foundation.org). Besuchen Sie unseren Workshop: [www.pro-implant-foundation.org](http://www.pro-implant-foundation.org).

### DEFINITION

|                                  | Untersuchung  | Kriterium  |
|----------------------------------|---------------|--|
| Infektion möglich                | Anamnese      | <ul style="list-style-type: none"><li>• Ruhe-/Nachtschmerz</li><li>• prolongierte Wundsekretion</li><li>• Revisionen und Antibiotikatherapien postoperativ</li></ul>   |
|                                  | Bildgebung    | <ul style="list-style-type: none"><li>• Infektionskallus</li><li>• Sequester</li><li>• Osteolysen</li></ul>  |
| Infektion bestätigt <sup>1</sup> | Klinik        | <ul style="list-style-type: none"><li>• Fistel</li><li>• Pus/sichtbares Implantat</li><li>• Positive „probe to implant“</li></ul>  |
|                                  | Histologie    | Entzündung im periimplantären Gewebe (>5 Neutrophile pro Gesichtsfeld bei 400x Vergrößerung)   |
|                                  | Mikrobiologie | Erreger nachweis in: <ul style="list-style-type: none"><li>• <math>\geq 2</math> periimplantären Gewebeproben<sup>2</sup></li><li>• Sonifikationsflüssigkeit (<math>\geq 50</math> KBE/ml)<sup>3</sup></li></ul> |

<sup>1</sup> Bei mind. einem erfüllten Kriterium ist die Infektion bestätigt

<sup>2</sup> Bei hoch-virulenten Erregern (z.B. *S. aureus*, *E. coli*) und Patienten unter Antibiotika ist bereits der Nachweis in einer Gewebeprobe für die Diagnose der Infektion ausreichend

<sup>3</sup> Unter Antibiotikatherapie, bei *S. aureus* und Anaerobiern können schon <50 Kolonien/ml relevant sein

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# Vodič za dijagnostiku i liječenje periprostetičkih zglobovnih infekcija (PZI)



Verzija 7: Studeni 2017

Za detaljne preporuke kontaktirajte naš portal na adresi: [cs.pro-implant-foundation.org](http://cs.pro-implant-foundation.org)

Za više informacija prijavite se na našu radionicu: [www.pro-implant-foundation.org/events/workshops](http://www.pro-implant-foundation.org/events/workshops)

## DEFINICIJA

Periprostetička zglobna infekcija, kada je  $\geq 1$  uvjeta ispunjeno:

| Test  | Kriterij  | Osjetljivost               | Specifičnost      |
|---|---|----------------------------|-------------------|
| <b>Klinička slika</b>                                     | Sinus trakt (fistula) ili pojava gnojne sekrecije oko endoproteze <sup>a</sup>  | 20-30%                     | 100%              |
| <b>Broj leukocita u sinovijalnoj tekućini<sup>b</sup></b> | > 2000/ $\mu$ l leukocita ili > 70% granulocita (PMN)   | $\approx$ 90%              | $\approx$ 95%     |
| <b>Histologija periprostetičkog tkiva<sup>c</sup></b>     | Upala ( $\geq 23$ granulocita na 10 puta uvećanom polju)  | 73%                        | 95%               |
| <b>Mikrobiologija</b>                                     | Rast mikroorganizama:<br>• U sinovijalnoj tekućini ili<br>• $\geq 2$ uzorka tkiva <sup>d</sup> ili<br>• U sonifikacijskoj tekućini ( $>50$ CFU/ml) <sup>e</sup> | 45-75%<br>60-80%<br>80-90% | 95%<br>92%<br>95% |

<sup>a</sup> Endoproteze s nosećim dodirnim površinama metal-metal mogu oponašati stvaranje gnojnog sadržaja («pseudognoj»), broj leukocita je uglavnom normalan (metaloza)

<sup>b</sup> Broj leukocita može biti povišen do 6 tjedana nakon operacijskog zahvata bez infekcije, kod reumatoidnog artritisa (uključujući pseudognoj), periprostetičkog prijeloma ili iščašenja. Broj leukocita u uzorku potrebno je odrediti najkasnije 24h po aspiraciji korištenjem mikroskopa ili automatskog brojača; za razrjeđivanje uzorka moguće je dodati 10  $\mu$ l hijaluronidaze)

<sup>c</sup> Klasifikacija po Krenn i Morawietz-u: PZI odgovara tipu 2 ili tipu 3

<sup>d</sup> Za izrazito virulentne organizme (npr. *S. aureus*, streptococci, *E. coli*) ili za bolesnike na antibiotskoj terapiji, dovoljan je jedan uzorak koji potvrđuje dijagnozu PZI

<sup>e</sup> Na antibiotskoj terapiji, za *S. Aureus* i anaerobe,  $<50$  CFU/ml može biti značajno

# Vodič za dijagnostiku i liječenje infekcija povezanih s implantatom nakon fiksacije prijeloma



Verzija 2: Listopad 2017

Za detaljne preporuke možete nas kontaktirati na adresi: [cs.pro-implant-foundation.org](http://cs.pro-implant-foundation.org)

Za više informacija prijavite se na našu radionicu: [www.pro-implant-foundation.org/events/workshops](http://www.pro-implant-foundation.org/events/workshops)

## DEFINICIJA

|                            | Test   | Kriterij   |                  |                           |           |              |           |
|----------------------------|--|--|------------------|---------------------------|-----------|--------------|-----------|
| <b>Sumnja na infekciju</b> | Anamneza   | <ul style="list-style-type: none"> <li>Bol u mirovanju/po noći</li> <li>Produžena sekrecija rane</li> <li>Revizija ili antibiotska terapija postoperativno</li> </ul>  |                  |                           |           |              |           |
|                            | Radiološke pretrage  | <table border="1"> <tr> <td>Inficirani kalus</td> <td>Razlabavljenje implantata</td> </tr> <tr> <td>Sekvestar</td> <td>Pseudartroza</td> </tr> <tr> <td>Osteoliza</td> <td>Kortikalna skleroza</td> </tr> </table> | Inficirani kalus | Razlabavljenje implantata | Sekvestar | Pseudartroza | Osteoliza |
| Inficirani kalus           | Razlabavljenje implantata  |  |                  |                           |           |              |           |
| Sekvestar                  | Pseudartroza   |  |                  |                           |           |              |           |
| Osteoliza                  | Kortikalna skleroza  |  |                  |                           |           |              |           |
| Klinička slika             | <ul style="list-style-type: none"> <li>Sinus trakt (fistula)</li> <li>Vidljiva gnojna sekrecija oko implantata</li> <li>Pozitivan test sondom za ispitivanje implantata</li> </ul>   |  |                  |                           |           |              |           |
| Histologija                | Infekcija peri-implantatskog tkiva ( $>5$ neutrofila na 400x uvećanom polju)   |  |                  |                           |           |              |           |
| Mikrobiologija             | <p>Rast mikroorganizama:</p> <ul style="list-style-type: none"> <li><math>\geq 2</math> uzorka peri-implantatskog tkiva<sup>2</sup></li> <li>U sonifikacijskoj tekućini (<math>\geq 50</math> CFU/ml)<sup>3</sup></li> </ul> |  |                  |                           |           |              |           |

<sup>1</sup> Ispunjene već 1 kriterija potvrđuje infekciju

<sup>2</sup> Za izrazito virulentne organizme (npr. *S. aureus*, streptococci, *E. coli*) ili za bolesnike na antibiotskoj terapiji, dovoljan je jedan uzorak koji potvrđuje dijagnozu

<sup>3</sup> Na antibiotskoj terapiji, za *S. Aureus* i anaerobe,  $<50$  CFU/ml može biti značajno

# Pocket Guide: [www.pro-implant-foundation.org](http://www.pro-implant-foundation.org)

## Pocket Guide zur Diagnose & Behandlung von Wirbelsäuleninfektionen

Nutzen Sie für individuelle Beratungen das Onlineportal unter: [cs.pro-implant-foundation.org](http://cs.pro-implant-foundation.org).

### DEFINITION

**Spondylodiszitis** ist bestätigt, wenn alle 3 Kriterien vorhanden sind:

| Test                          | Kriterium  |
|-------------------------------|--|
| Klinik                        | Akute oder chronische Rückenschmerzen  |
| Bildgebung                    | Computertomographie (CT) oder Magnetresonanztomographie (MRI) vereinbar mit Spondylodiszitis   |
| Mikrobiologie oder Histologie | Erregernachweis in der Blutkultur oder Gewebe des Wirbelkörpers oder Diskus <sup>1</sup><br>Akute oder chronische Entzündung im Gewebe |

**Spondylodese-assoziierte Infektion** ist bestätigt, wenn ≥1 Kriterium vorhanden ist:

| Test          | Kriterium   |
|---------------|---|
| Klinik        | <ul style="list-style-type: none"><li>Fistel oder Wunddehiszenz</li><li>Sichtbarer Eiter</li><li>Positiver „probe-to-implant“ Test</li></ul>                  |
| Histologie    | Entzündung im peri-implantären Gewebe   |
| Mikrobiologie | Signifikanter Erregernachweis <sup>2</sup> in: <ul style="list-style-type: none"><li>≥2 peri-implantären Gewebeproben</li><li>Sonikat (≥ 50 KBE/ml)</li></ul> |

<sup>1</sup> Niedrig-virulente Hauerreger müssen im klinischen Kontext (vorherige Infiltrationen? Intravaskuläres Device in situ?) interpretiert werden

<sup>2</sup> Für hoch-virulente Erreger (z.B. *S. aureus*, *E. coli*, Streptokokken) oder Patienten unter Antibiotikatherapie reicht eine positive Probe aus bzw. kann ein Sonifikationsresultat mit <50 KBE/ml signifikant sein.

### Suggestive Kriterien für Infektion:

- Prolongierte Wundsekretion
- Sekundäre Wunddehiszenz
- Schrauben-/Implantatlockerung
- Pseudarthrose

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Version 1: 1. März 2018



Version 1:  
1 Mai 2019

## Pocket Guide für Diagnostik & Behandlung von Intrakraniellen Neurochirurgischen Infektionen

### KLASSIFIKATION nach betroffenem Gewebe/Fremdkörper

| Gruppe                               | Infektionstyp  |
|--------------------------------------|--|
| Extradurale Infektionen              | • Knochendeckelinfektion (mit Fixationsmaterial)                       |
|                                      | • Kranioplastikinfektion (PMMA, PEEK, Titan, Keramik)                  |
|                                      | • Postoperatives Epiduralempyem (mit / ohne Duraplastik)               |
| Intradurale Infektionen              | • Postoperative Meningitis   |
|                                      | • Postoperativer Hirnabszess   |
|                                      | • Postoperatives Subduralempyem (mit/ohne Duraplastik)                 |
| Andere Device-assozierte Infektionen | • Ventrikuloperitoneal (VPS) - / Ventrikuloatrialshunt (VAS)-Infektion |
|                                      | • Externe ventrikuläre oder lumbale Drainage (EVD/ELD)-Infektion       |
|                                      | • Neurostimulator-Infektion  |

<sup>1</sup> Nahtmaterial gilt nicht als Fremdmaterial

### KLASSIFIKATION nach Zeitpunkt des Auftretens<sup>2</sup>

|                       | Frühe Infektion (akut)                         | Verzögerte / späte Infektion (chronisch)                            |
|-----------------------|--|---|
| Zeitpunkt             | ≤ 6 Wochen nach Implantation                   | > 6 Wochen nach Implantation  |
| Biofilm               | „Unreif“                                       | „Reif“  |
| Chirurgisches Prinzip | Débridement und Erhalt des Implantates möglich | Entfernung oder Wechsel des Implantates notwendig (1- od. 2-zeitig) |

<sup>2</sup> Nur für implantat-assoziierte Infektionen (mit Biofilmen) relevant

|   |   |
|---|---|
| <b>Abkürzungen:</b><br>EVD/ELD: Externe ventrikuläre/lumbale Drainage<br>VPS/VAS: Ventrikuloperitoneal-/Ventrikuloatrialshunt | PMMA: Poly-Methyl-Methacrylate<br>PEEK: Polyether Ether Ketone<br>ZNS: Zentrales Nervensystem |
|---|---|

**Hinweis:** Viele Empfehlungen basieren auf Expertenmeinung, da keine soliden klinischen Daten vorliegen und die Durchführung dafür designierter Studien schwierig ist. Der Pocket Guide soll eine praktische Hilfe für die klinische Praxis sein.

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# Vodič za dijagnostiku i liječenje infekcija kralješnice

Za detaljne preporuke možete nas kontaktirati na adresi: [cs.pro-implant-foundation.org](mailto:cs.pro-implant-foundation.org)

## DEFINICIJA

**Osteomijelitis kralješnice**, ukoliko su 3 uvjeta ispunjena:

| Test                           | Kriterij  |
|--------------------------------|---|
| Klinička slika                 | Akutna ili kronična bol u leđima  |
| Dijagnostika                   | Kompjuterizirana tomografija (CT) ili magnetska rezonancija sugestivna za osteomijelitis kralješnice                  |
| Mikrobiologija ili Histologija | Rast mikroorganizama na hemokulturi ili tkivu kralješnice <sup>1</sup><br>Akutna ili kronična upala tkiva kralješnice |

**Infekcija kralješnice povezana s implantatima**, ukoliko je  $\geq 1$  kriterij ispunjen:

| Test           | Kriterij  |
|----------------|---|
| Klinička slika | <ul style="list-style-type: none"><li>Poremećaj cijeljenja rane ili fistula</li><li>Vidljiva gnojna sekrecija oko implantata</li><li>Pozitivan test sondom za ispitivanje implantata</li></ul>                        |
| Histologija    | Upala u peri-implantatskom tkivu  |
| Mikrobiologija | Signifikantan rast mikroorganizama <sup>2</sup> u: <ul style="list-style-type: none"><li><math>\geq 2</math> uzorka peri-implantatskog tkiva</li><li>Sonifikacijskoj tekućini (<math>\geq 50</math> CFU/ml)</li></ul> |

<sup>1</sup> Nisko virulentni kožni patogeni moraju se interpretirati u kliničkom kontekstu (prethodne infiltracije? Prisutan intravaskularni implantat?)

<sup>2</sup> Za visoko virulentne mirkoorganizme (npr. *S. aureus*, *E. coli*, streptococci) ili u pacijenata s antibiotskom terapijom se već jednom pozitivnom kulturom dokazuje infekcija te sonifikacija  $<50$  CFU/ml može također biti signifikantna

### Potporni kriteriji za infekciju:

- Produžena sekrecija rane
- Sekundarna dehiscencija rane
- Razlabavljenje implantata/vijaka
- Pseudartoza

# General Orthopaedics



EFORT open reviews

## Periprosthetic joint infection: current concepts and outlook

Petra Izakovicova<sup>1</sup>

Olivier Borens<sup>2</sup>

Andrej Trampuz<sup>3</sup>

*EFORT Open Rev 2019;4:468-475.*

# CONSULTATION SERVICE PORTAL

[cs.pro-implant-foundation.org](http://cs.pro-implant-foundation.org)

PRO-IMPLANT FOUNDATION

NEW

## CONSULTATION SERVICE ON IMPLANT INFECTIONS

The Consultation Service of the **PRO-IMPLANT Foundation** provides advice to healthcare professionals on the management of complex bone, joint and implant-associated infections.

**CONSULTATION SERVICE**  
Website: [cs.pro-implant-foundation.org](http://cs.pro-implant-foundation.org)

CENTRUM MUSKULO SKELETALE CHIRURGIE

CHARITÉ



## One Case Consultation **FREE OF CHARGE**

**Coupon valid during introductory period**  
(from 11 September through 30 November 2019)

### How does the PRO-IMPLANT Consultation Portal work?

1. Register first at: [www.pro-implant-foundation.org](http://www.pro-implant-foundation.org)
2. Choose: "Consultation Portal"
3. Click on "Purchase" and choose "SC-1 (single case)"
4. Apply Coupon-Code: **CP-FREE**  
Free coupon is only applicable for SC-1 (single case)
5. Follow further steps
6. Click "Add New Case"



## THE CONSULTATION SERVICE IS PROVIDED BY AN INTERDISCIPLINARY TEAM:



INFECTIOUS DISEASES SPECIALISTS



ORTHOPEDIC AND TRAUMA SURGEONS



MICROBIOLOGISTS AND PHARMACISTS

We provide practical advice on diagnosis, prevention and treatment of implant-associated infections, based on current knowledge and scientific evidence

**CONSULTATION REQUESTS ARE SUBMITTED THROUGH WEB-BASED PORTAL OR BY PHONE**

Register first at the PRO-IMPLANT website free of charge:  
[www.pro-implant-foundation.org](http://www.pro-implant-foundation.org)

Log-in on the Consultation Service portal

Enter relevant patient information

Optional: upload images or files



**WEB CONTACT**

Reply is provided  
**within 24 hours**  
on weekdays.



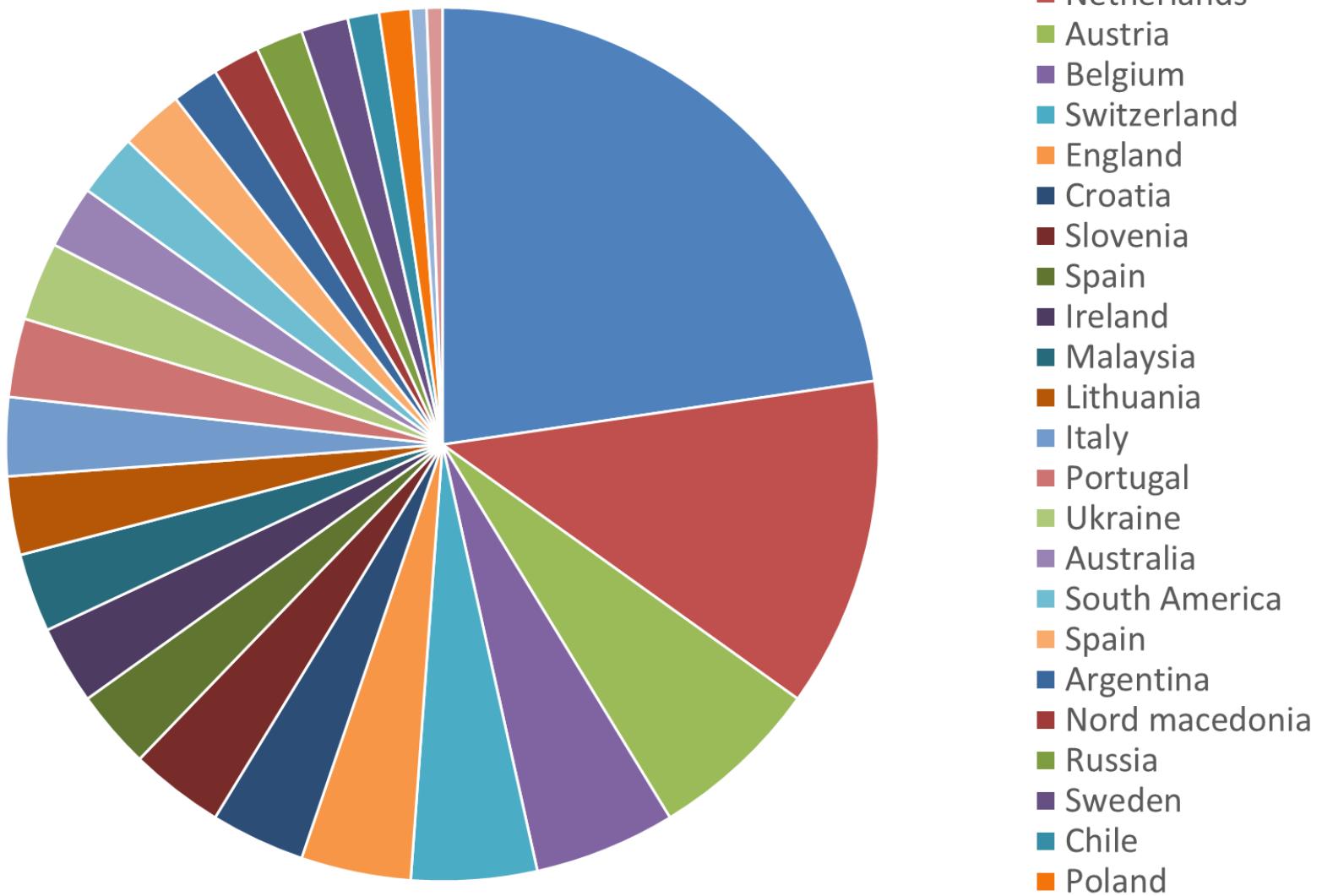
**PHONE CONTACT**

Available on  
weekdays, from  
8 am to 6 pm.

# Year 2018: 3267 consultations



Countries that used the Consultation Portal in 2018



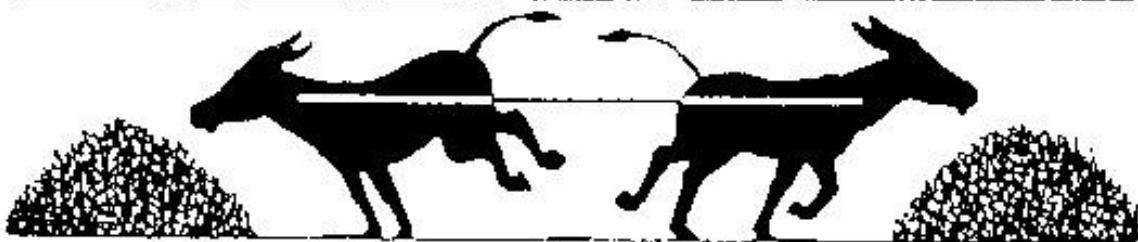
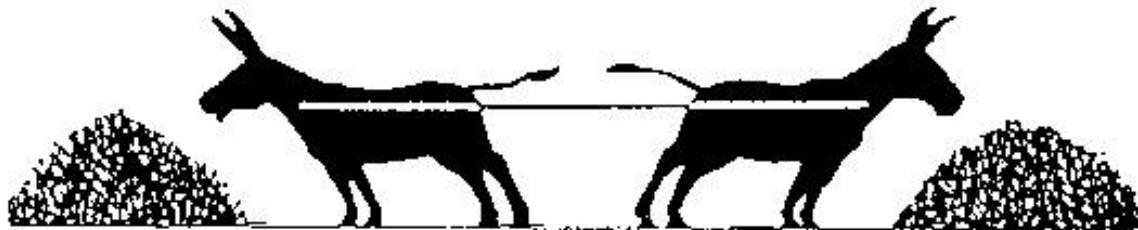
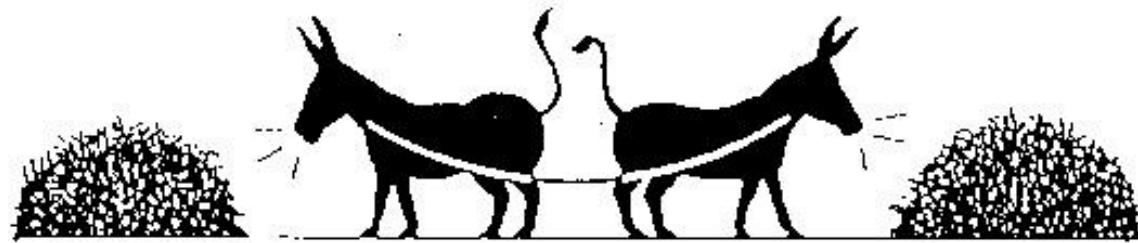


Infection is the **best possible complication**, if...

...appropriate diagnostic is combined with  
...correct surgery and  
...efficient anti-biofilm agents.

**Cure rate >90%**

**Infection is the best possible complication**



# Thank you

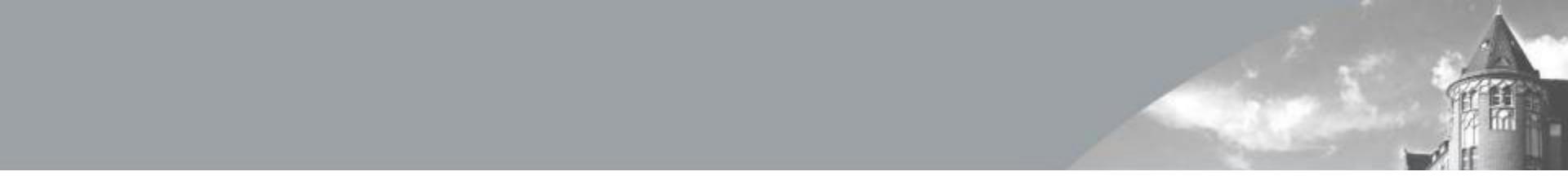


**andrey.trampuz@charite.de**



Focus on implant, bone and joint-associated infections:

- Surgery: New concepts (retention, 1-stage, 2-stage short interval)
- Diagnosis: Fast innovative methods
- Antibiotics: Active against biofilms

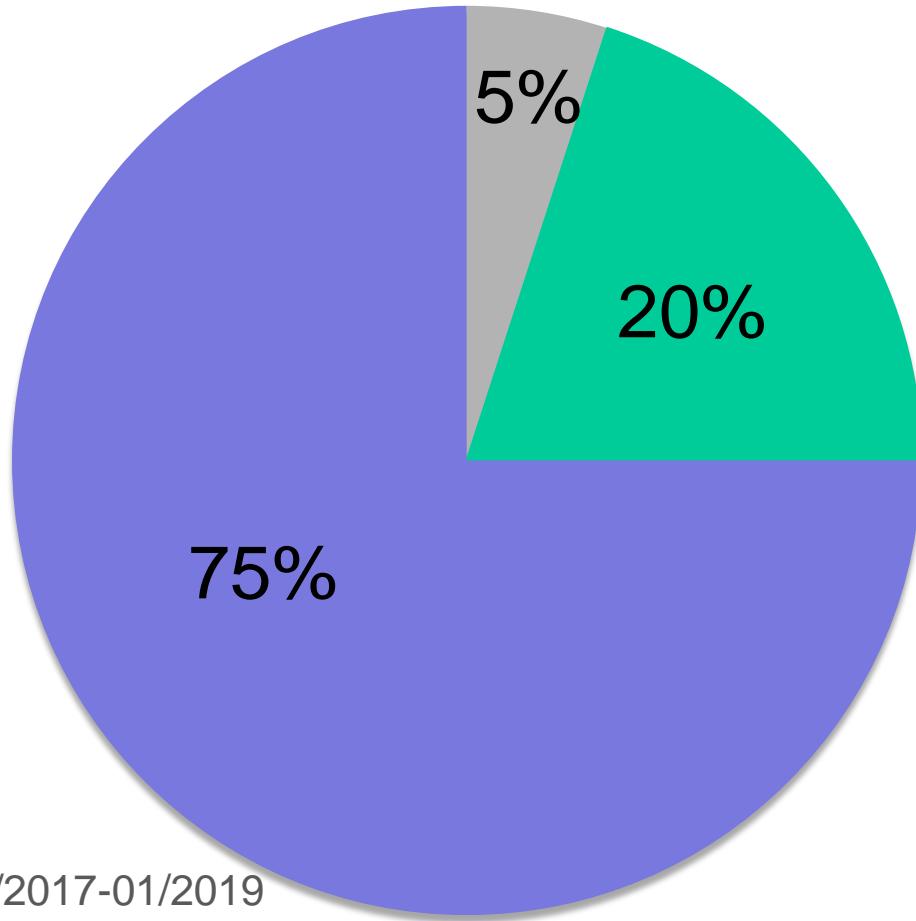


# Future developments and outlook

# Pathogenesis of PJI



**Postoperative infection**



**Contiguous spread** from adjacent infected tissue

**Hematogenous infection**  
(spread from a distant infection focus)

PJIs treated at Charité, 01/2017-01/2019

# Primary foci: cohort of 106 episodes

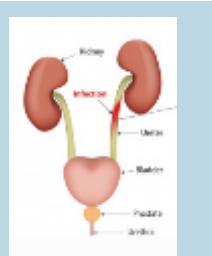
- 1 (+3?) colon adenoma
- 1 GI bleeding
- 2 GI infections



- 7 dental treatments
- 5 dental infections



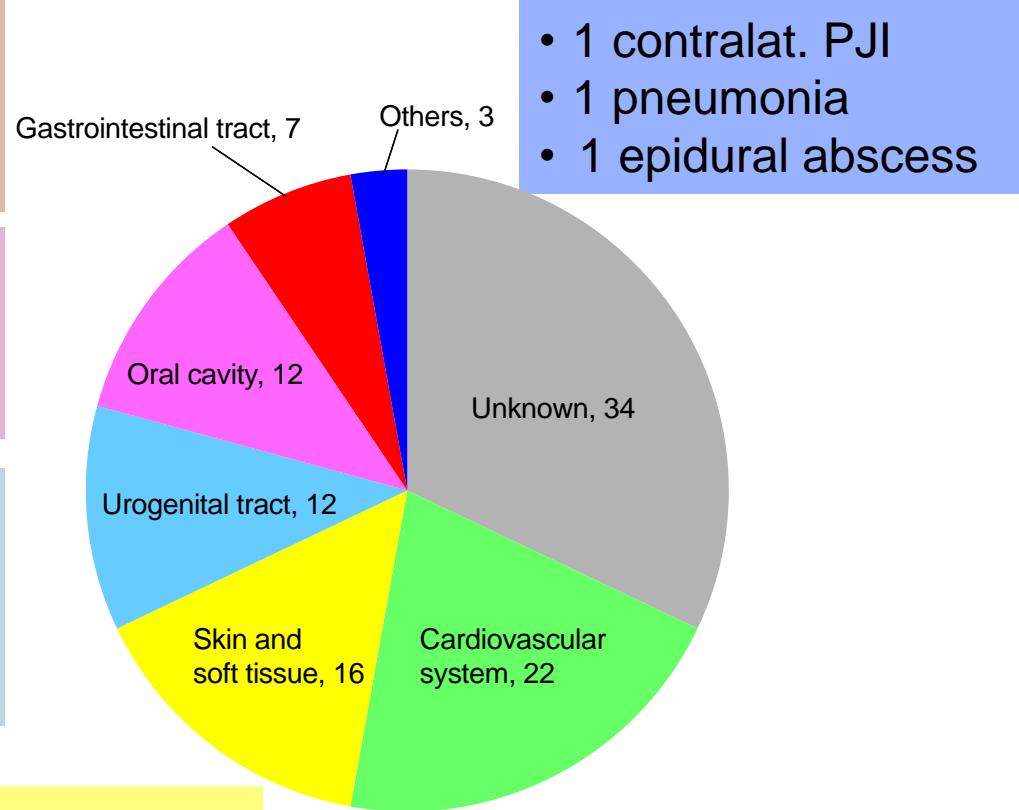
- 2 manipulations
- 10 infections



- 9 skin erosion (pedicure, skin disease, chronic ulcers)
- 7 skin and soft tissue infections



- 1 contralat. PJI
- 1 pneumonia
- 1 epidural abscess

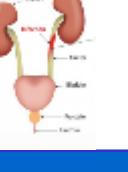


Rakow A et al. CMI 2018

- 14 endocarditis
- 5 infected CIED
- 3 catheter infections

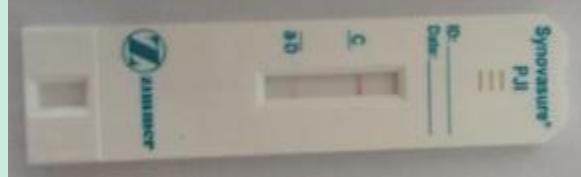
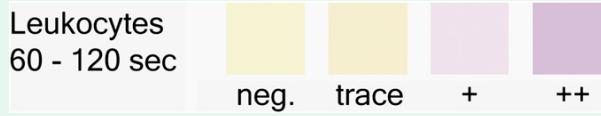


# Investigation of cause

| Pathogen  | Source  | Diagnostics   |
|---|---|---|
| <b>Staphylococci</b>  |     | Blood cultures<br>Echocardiography (TEE)<br>Skin examination  |
| <b>Streptococci</b> <ul style="list-style-type: none"><li>S. oralis/mitis</li><li>S. agalactiae</li><li>S. dysgalactiae</li><li>S. bovis/gallolyticus</li></ul> |  <br>   <br> | Orthopantomogram (OPTG), dentist, TEE<br><br>Urinanalysis, imaging abdomen, skin examination, OPTG<br><br>Colonoscopy |
| <b>Enterococci</b>  |      | Urinanalysis, TEE   |
| <b>Enterobacteriaceae</b>   |     | Urinanalysis, CT Abdomen<br><br>Renz N., Chirurg, 2017  |

# Alternative tests in synovial fluid?



| Test                                  |  | Sensitivity                          | Specificity |   |    |     |     |
|---------------------------------------|--|--------------------------------------|-------------|---|----|-----|-----|
| Alpha-defensin<br>(lateral flow test) |    | 67%                                  | 93%         |   |    |     |     |
|                                       |  | Kasperek MF, JA 2016                 |             |   |    |     |     |
| Leukocyte esterase                    |  <p>Leukocytes<br/>60 - 120 sec</p> <table><tr><td>neg.</td><td>trace</td><td>+</td><td>++</td></tr></table> | neg.                                 | trace       | + | ++ | 81% | 97% |
| neg.                                  | trace  | +                                    | ++          |   |    |     |     |
|                                       |  | Wyatt MC, JBJS 2016                  |             |   |    |     |     |
| D-Lactate                             |   | 94%                                  | 98%         |   |    |     |     |
|                                       |  | Karbysheva S, personal communication |             |   |    |     |     |
| Multiplex-PCR                         |   | 60%                                  | 89%         |   |    |     |     |
|                                       |  | Morgenstern C, DMID, 2017            |             |   |    |     |     |

# Synovial fluid D-lactate



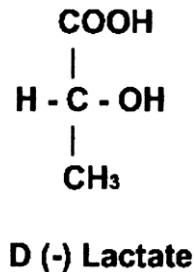
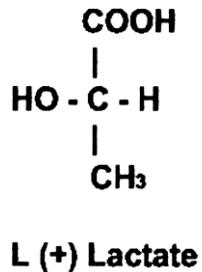
## Lactic acid

**L-lactate** is constantly produced during metabolism and exercise

**D-lactate** is produced by bacteria as a product of bacterial fermentation

D-Lactate production in mammals is extremely low, with normal serum concentrations in the nano to micromolar range (*nMol - μMol*).

D-lactate concentration is increased to millimolar range (*mMol*) in bacterial infection.



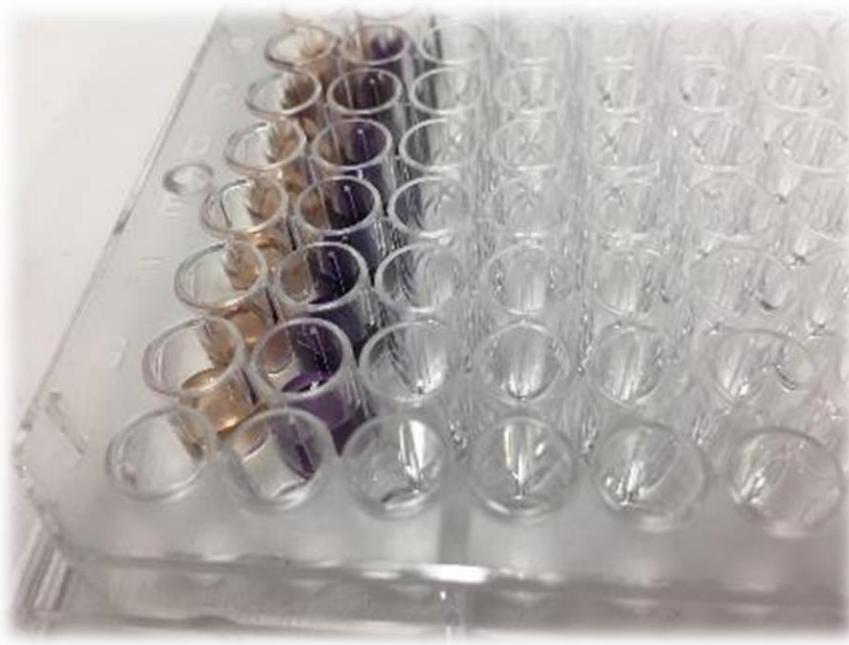
L. Szalay 2003; Sh.M. Smith 994

Wellmer A. 2001; Gratacós J. 1995



## Measurement of *D-lactate*

- ✓ Volume of sample: 50 µl  
of synovial fluid
- ✓ Incubation: 30 min at +37° C
- ✓ Determination: standard microplate absorbance reader ( $\lambda = 570\text{-}600 \text{ nm}$ )





Contents lists available at [ScienceDirect](#)

## Journal of Infection

journal homepage: [www.elsevier.com/locate/jinf](http://www.elsevier.com/locate/jinf)

# Performance of synovial fluid D-lactate for the diagnosis of periprosthetic joint infection: A prospective observational study

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Nora Renz<sup>a</sup>

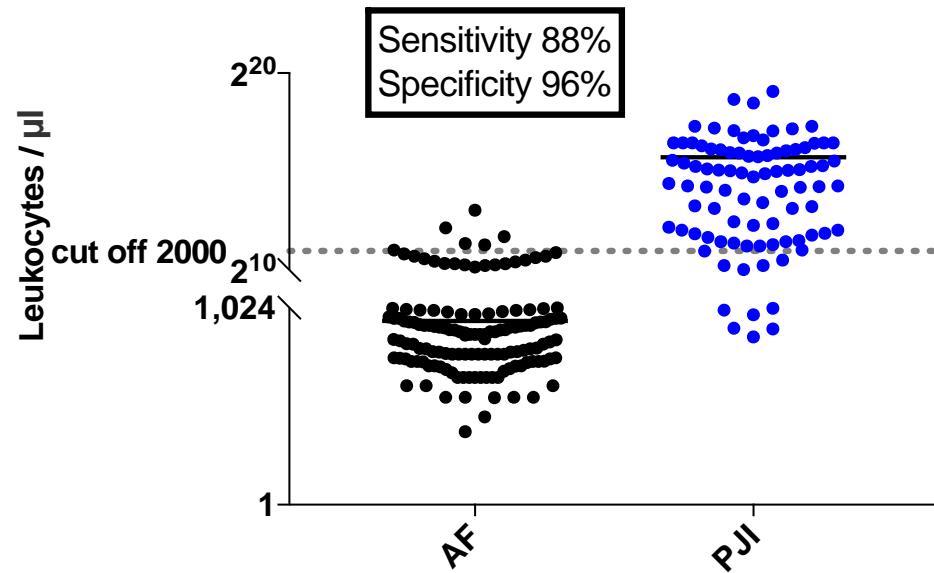
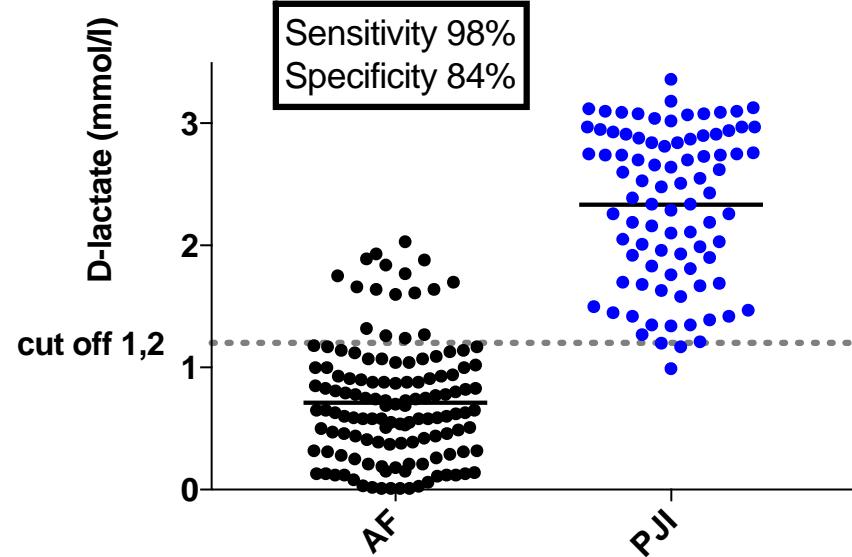
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Published August 2019

# D-Lactate in synovial fluid of prosthetic joints

Concentration of SF D-lactate was significantly higher in patients with PJI compared to those with aseptic failure ( $p<0,0001$ )

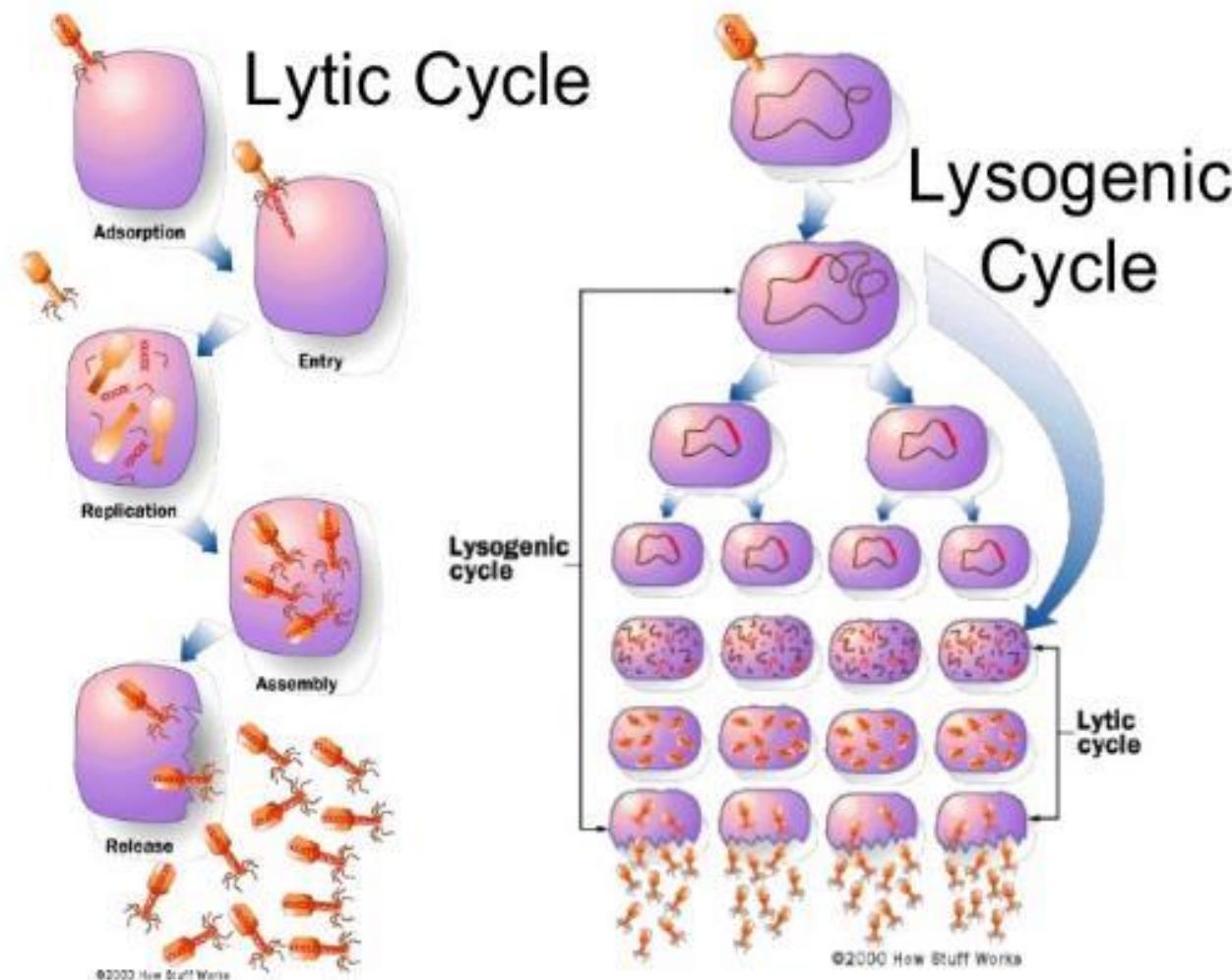


SF D-lactate test had better sensitivity to confirm PJI (98%) compared to leucocytes (88%)



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# Virulent phages





# Use of phages in military medicine



- **Red Army** (Finnish campaign and WWII)
- **German Army** (North Africa campaign)
- **British Army** in India
- **Japanese Army**
- **Chinese Army** (Korean War)



Anti-dysenterial phage preparations in first aid box

# ELIAVA institute, Tbilisi, Georgia



About 800 people used to work at the “Bacteriophage”, of whom 120 engaged in research.

During the Soviet period, the Eliava Institute elaborated novel biological preparations against: **anthrax, rubies, tuberculosis, brucellosis, salmonellosis, dysentery.**

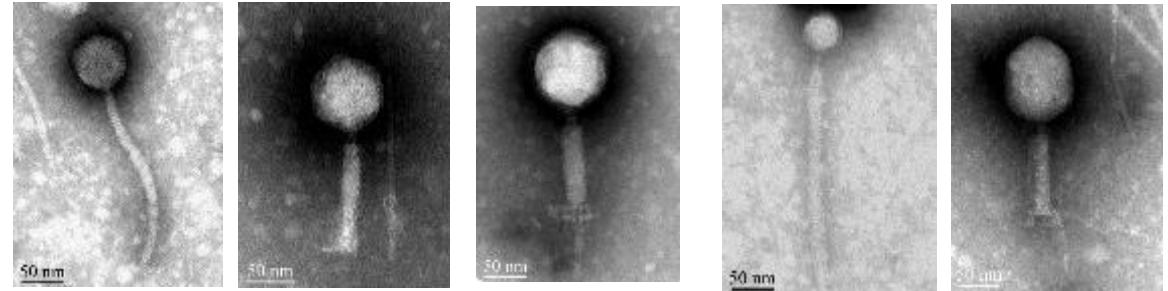
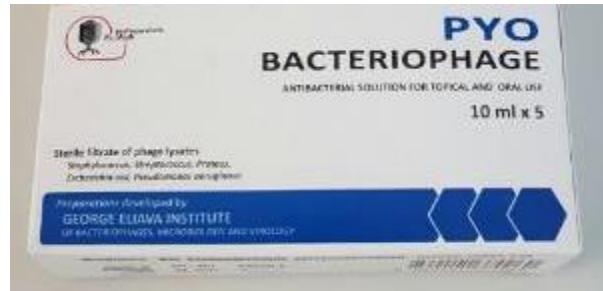
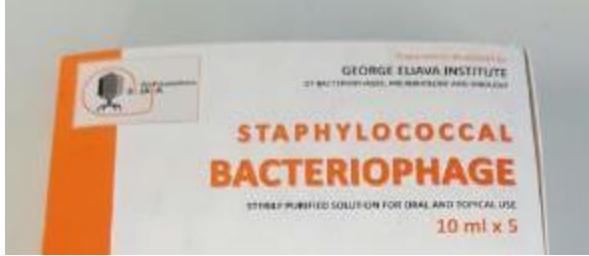
After the collapse of the Soviet Union, the Institute was partly privatized.





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# Sb-1 and Pyo-phage



# Projects with bacteriophages

1. Evaluating activity of **commercial phage preparations** vs. biofilm.
2. Evaluating best strategies for ***in vivo administration*** of phages.
3. Establishing ***ex vivo & in vivo models*** for evaluation of bacteriophages activity vs biofilm infections.
4. Creating a **phage library**: Finding & isolating novel phages & select the best candidates for phage therapy.



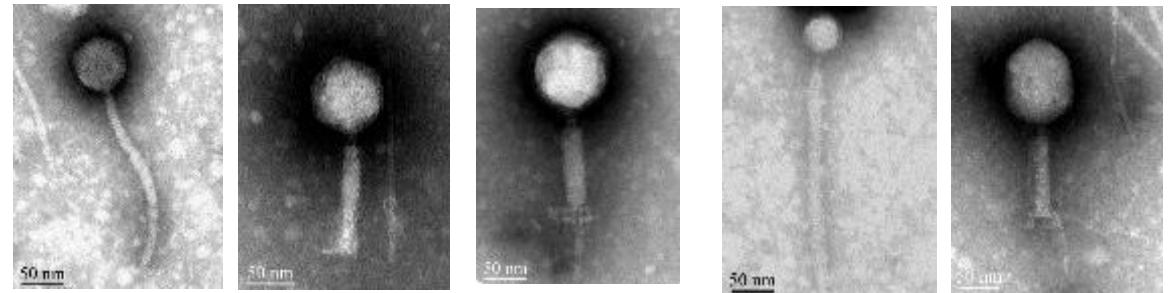
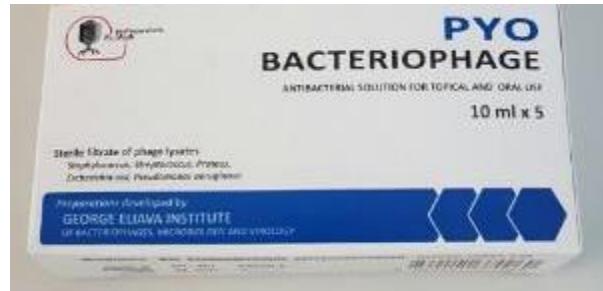
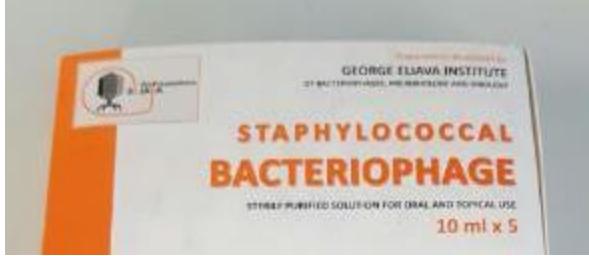
*Galleria mellonella*  
*in vivo model*





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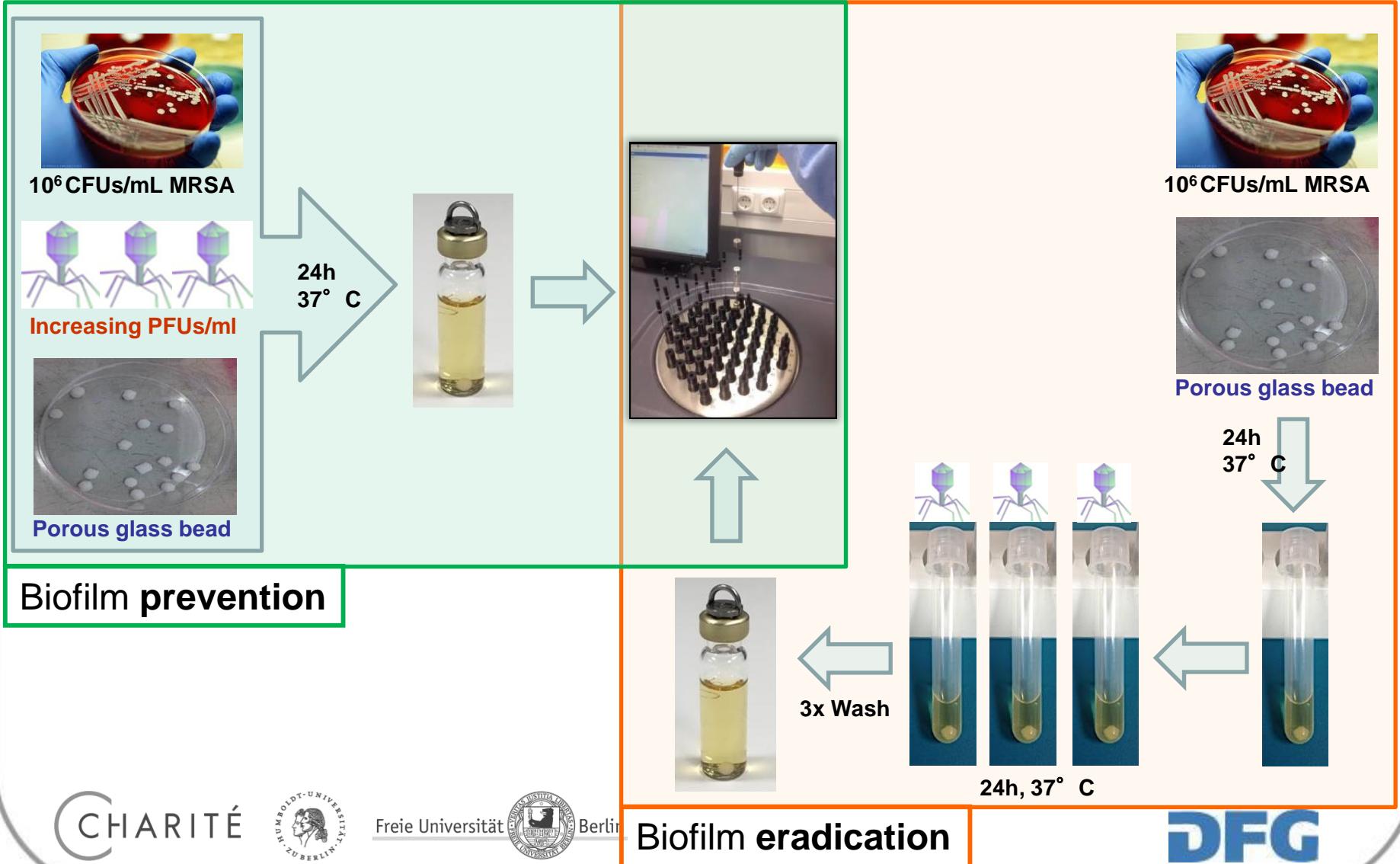
# Sb-1 and Pyo-phage





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# Anti-biofilm activity



# Phage isolation

- **Sources:** Human saliva, sewage, river water
- **Clinical strains used as hosts:** *S. aureus*, *S. epidermidis* and *E. coli* strains from PJI patients



Isolation of bacteriophages displaying lytic antibacterial activity from the plaque of lysis



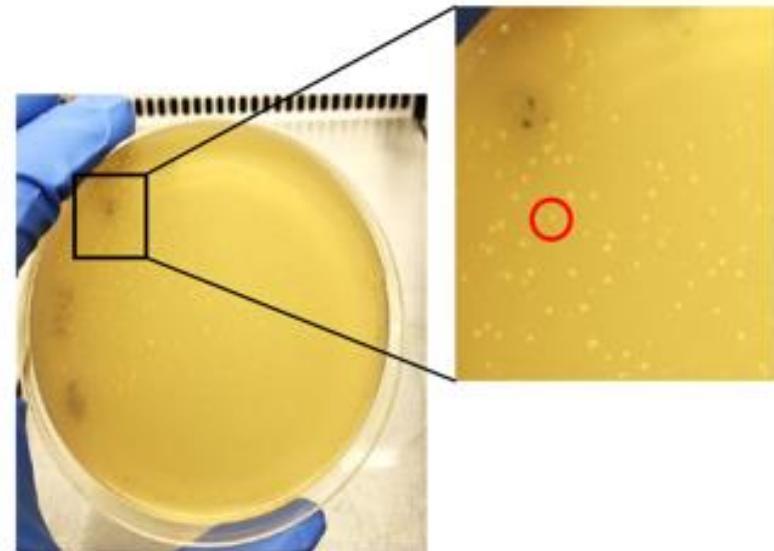
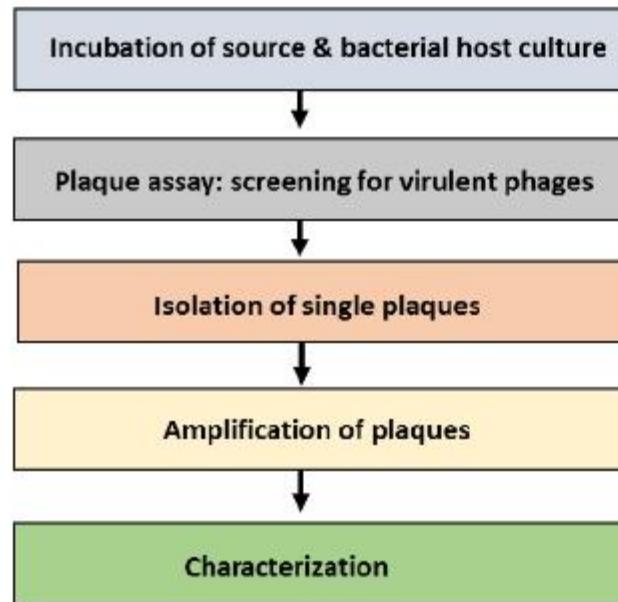
Evaluation of the susceptibility of a panel of clinical isolates to newly isolated phages (spot-assay)





# Plaque assay

- **Sources:** human saliva, sewage, river water
- **Bacterial host strains:** *S. aureus*, *S. epidermidis*, *E. coli* (laboratory strains & strains previously isolated from PJI)



# *In vitro* activity of phages vs P.aeruginosa





# Newly isolated phages

## *Staphylococcus aureus*

| Name | Source for isolation | Host strain     |
|------|----------------------|-----------------|
| AbkG | Saliva (No.1)        | MRSA ATCC 43300 |
| AbkM | Saliva (No.2)        | MRSA ATCC 43300 |
| AbkA | Saliva (No.3)        | MRSA ATCC 43300 |
| AbkK | Saliva (No.4)        | MRSA ATCC 43300 |
| AbkE | Saliva (No.5)        | MRSA ATCC 43300 |
| AbkT | Saliva (No.6)        | MRSA ATCC 43300 |

## *Escherichia coli*

| Name  | Source for isolation | Host strain              |
|-------|----------------------|--------------------------|
| Abk3  | Sewage               | <i>E. coli</i> 3         |
| Abk4  | Saliva (No. 2)       | <i>E. coli</i> 4         |
| Abk8  | Sewage               | <i>E. coli</i> 8         |
| Abk9  | Sewage               | <i>E. coli</i> 9         |
| Abk11 | River water          | <i>E.coli</i> ATCC 25922 |
| AbK13 | Sewage               | <i>E.coli</i> ATCC 25922 |
| Abk14 | Saliva (No1)         | <i>E.coli</i> ATCC 25922 |

*Staphylococcus epidermidis*: no phages were detected in any of the tested sources



MDR *P. aeruginosa* PJI of a total knee arthroplasty and chronic osteomyelitis



Previous two-stage exchange and antibiotic treatment failed



## Surgical treatment

- Two-stage exchange
- PMMA (1g gentamycin, 1g clindamycin per 40g PMMA)

## Local use of phages

- Custom prepared phage

## Antibiotic treatment (i.v)

- Colistin
- Ceftazidime
- Meropenem



# Local use of phages



- The surgical site was cleaned with 2-3% sodium bicarbonate solution

- No antiseptics

- 4 intraoperatively placed drains were used as local delivery system

- First, single intraoperative loading dose of phage were administrated

- Then, three times a day for 5 days through drains

